



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**FOR IMMEDIATE RELEASE**

**Contact:**

Tongelia Milton  
754.312.4118 office  
407.427.6953 cell  
tmilton@ymcasouthflorida.org

## **NEW HALLANDALE BEACH YMCA TO OPEN IN BLUESTEN PARK**

*Hallandale Beach Y to offer healthy living programs for all ages, abilities*

[HALLANDALE BEACH, June 11, 2019] – A brand new Hallandale Beach YMCA Family Center opens at Bluesten Park opens in August. The new Y is a partnership between the City of Hallandale Beach and the YMCA, and will offer healthy living programs and services for all ages and abilities.

### **Facility Features**

The facility will feature 40,000 square feet of space for adult and family programming, and includes a pool, gymnasium, state-of-the-art fitness center with cardio and weight equipment, group exercise studios, indoor cycling studio, Teen Room, Afterschool Room, Kids Zone, Community Room, sports fields, and more.

### **Program Offerings for the Entire Family**

YMCA programming is designed for youth, families, adults and seniors. We plan to offer a wide variety of programs and services that will help Hallandale Beach residents live healthier, more connected and balanced lives.

Offerings include:

- Aquatics
- After School (Elementary School age starting January 2020)
- Teen Center
- Wellness – Personal Training
- Group Exercise
- Youth and Family
- Sports

The Y is dedicated to building healthy, confident and secure children, families and communities. So, whether you're looking to get healthy, meet new people, or spend more time with your family, the Hallandale Beach YMCA is here for you. There are currently preopening membership pricing available, as well as special rates for Hallandale Beach residents.

For more information, please visit the Hallandale Beach YMCA Interim Membership Office at Sage Plaza, 800 E. Hallandale Beach Blvd., Hallandale Beach, FL 33009. You can also call 954-889-YMCA or email [HallandaleYMCA@ymcasouthflorida.org](mailto:HallandaleYMCA@ymcasouthflorida.org).

###

**About the YMCA of South Florida**

The Y is a leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. Every day, the Y works hard to build healthy, confident, connected and secure children, adults, families and communities through over 200 afterschool, preschool, special needs, sports, camp and youth programs, family centers, and senior health outreach sites. To learn more, visit [www.ymcaofsouthflorida.org](http://www.ymcaofsouthflorida.org), connect on Facebook or Twitter, or call a Y near you.