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*****MEDIA ALERT/PHOTO OPPORTUNITY*****

NEW DOWNTOWN MIAMI YMCA HOLDS RIBBON CUTTING CEREMONY WITH MAYOR SUAREZ ON GRAND OPENING DAY

YMCA open to the community all day with demos, prizes, giveaways, healthy snacks, membership savings

WHO: The YMCA of South Florida CEO Sheryl A. Woods is joined by the City of Miami Mayor Francis Suarez, Jones Lang LaSalle, Ponte Gadea, and other Y supporters. They are joined by Burney from the Heat and the Heat Dancers.

WHAT: Grand Opening Day at the Downtown Miami YMCA
The YMCA invites the community to come in to take a tour of the facility, experience the Y, and take part in special activities going on all day!

The celebration includes special Fitness Class Demos, Networking & Refreshments, Prizes & Giveaways (including a 1-Year Free Membership), DJ with live music, Nutrition & Health Informaiton, Free Presonal Training, and More

WHEN: Wednesday, August 29, 2018
9:30-10:30 AM Ribbon Cutting Ceremony
Noon-1 PM Lunch Time Fun Fitness Festival
5-7 PM After Hours Healthy Living & Networking Fair

WHERE: Downtown Miami YMCA, 200 S. Biscayne Blvd, Miami, FL 33131
Located in the Southeast Fiancial Annex Building – 15th Floor
305.779.9622

WHY: To celebreate the grand opening of the new Downtown Miami YMCA, which will provide health options for those who live and work in Downtown Miami. The newly opened YMCA is in a completely renovated space, including new locker and steam rooms, indoor basketball court and running track, and state-of-the-art wellness equipment. It offers Yoga, studio cycling, dance classes, high-intensity training, personalized healthy living orientations, personal training, and other training programs.

NOTE: 2.5 hours of complimentary parking is available.

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