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## LA LEE YMCA FAMILY CENTER GIVES BACK TO COMMUNITY ON MARTIN LUTHER KING JR. HOLIDAY

*Y Partners with FPL and other local agencies to improve homes and community*

FORT LAUDERDALE, Fla. (January 13, 2017) – The L.A. Lee YMCA Family Center has partnered with Florida Power & Light Company (FPL), Broward College and the City of Fort Lauderdale to give back to the community on the Martin Luther King, Jr. Holiday. The Annual MLK Day of Service takes place from 9 a.m. to 1 p.m., on Monday, January 16.

MLK Day is a time to re-commit to serving each other and our communities, and help someone in need. Several hundred volunteers will come together to renovate the exterior of seniors' homes in the community, beautify an area apartment complex, and clean-up the community. It's a great way for the community to work together to meet critical needs in the community and advance Dr. King's dream of unity and equality for all.

"At FPL, we work together with the communities we serve to help make Florida an even better place to work and raise a family," said Juliet Roulhac, corporate and external affairs manager, FPL, Broward and Southwest Florida. "On our Day of Service, we will have more than 60 volunteers representing several different departments within the company as we team up with the YMCA to celebrate Dr. King's legacy."

YMCAs throughout South Florida will honor Dr. King's community spirit by mobilizing more than 1,000 volunteers who will give back through the YMCA MLK Day of Service projects sponsored by FPL and Broward College. The Y, FPL, Broward College, Miami HEAT, Florida Panthers, Ocean Bank, Joe DiMaggio Children's Hospital, and other sponsors invite the community to gather at more than 20 sites where they can volunteer. Service projects range from distributing care kits for first responders to serving meals at a soup kitchen to making repairs on seniors' homes to beautifying children's group homes and schools. It's an opportunity to make a difference and stand for something.

**To volunteer for the Day of Service**, contact your local YMCA or email visit [ymcastandforsomething.org](http://ymcastandforsomething.org).

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### **About the YMCA of South Florida**

The Y is a leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The Y impacts the community by nurturing the potential of kids, improving individual and community health and well-being, and giving back to our neighbors. The YMCA of South Florida is committed to addressing the most pressing needs of our community. Every day, the Y works hard to build healthy, confident, connected and secure children, adults, families and communities through over 200 afterschool, preschool, special needs, sports, camp and youth programs, family centers, and senior health outreach sites. To learn more, visit [www.ymcaofsouthflorida.org](http://www.ymcaofsouthflorida.org), connect on Facebook or Twitter, or call a Y near you.