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YMCA HOSTS YOUTH SPORTS EXTRAVAGANZA FOR CAMPERS WITH NFL PLAYER & SOUTH FLORIDA NATIVE TRAVARIS CADET & FRIENDS

Buffalo Bills Player gives back, teaches sports skills, shares life skills with camp kids

[South Florida, June 4, 2018] – The YMCA of South Florida and Buffalo Bills Player Travaris Cadet, a native of South Florida, have teamed up to provide YMCA campers with a Sports Extravaganza on July 10 from 10 a.m. to 3 p.m. at the Weston YMCA Family Center, 20201 Saddle Club Road, Weston, FL 33327.

The NFL player and his NFL friends will host a skills clinic that includes speed training, health education and mentoring. In addition to showing the kids sports skills, the players will spend time stressing the importance of leading a healthy life, and keeping both their minds and bodies active to build confidence.

“This is our second year partnering with Travaris to provide our special Sports Extravaganza specialty camp,” said YMCA of South Florida CEO & President Sheryl A. Woods. “In addition to traditional summer camp programs, specialty camps like STEM, Mini Master Chefs, Art and Science are offered during the summer. This is just one of the many specialty camps the Y offers. All of our camps are about development, building friendships and creating a sense of belonging. By partnering with professional sports players like Travaris and his friends, we also bring an added element of fun and excitement to it.”

The campers get to experience a variety of sports, fitness and games, improve their skills, get insight into sports and life from the players, and have fun and make friends.

“My teammates and I are looking forward to working with the kids, and giving back,” said Travaris Cadet, New Orleans Saints player. “And what better place than South Florida where I’m from? We have so much we can teach them from both a sports skill level and a life skills lesson.”

YMCA Summer Camp Programs provide quality supervised activities that cultivate positive values, develop skills, and give kids the chance to have fun while learning new things and improving their health.

Y Specialty Camps include sports, music, dance, swimming, outdoor activities, field trips, and more.

PHOTO OPPORTUNITY: Hundreds of kids participating in skills activities on a field with NFL Players, and each other.

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About the YMCA of South Florida

The Y is a leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. Every day, the Y works hard to build healthy, confident, connected and secure children, adults, families and communities through over 200 afterschool, preschool, special needs, sports, camp and youth programs, family centers, and senior health outreach sites. To learn more, visit www.ymcaofsouthflorida.org, connect on Facebook or Twitter, or call a Y near you.