

Press Release

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Cleveland Clinic Weston and YMCA of South Florida Announce Partnership

WESTON, Fla. – Feb. 12, 2020 – Cleveland Clinic Weston and the YMCA of South Florida have partnered to offer rehabilitation services and health and wellness education programs to patients and residents in Weston and the surrounding community.

A Ribbon Cutting Ceremony celebrating the partnership will be held on Thursday, Feb. 20, 2020, at 10 a.m. at the Weston YMCA, with YMCA board members, Cleveland Clinic Weston leadership and local elected officials in attendance. A Community Open House for YMCA members and the public will be held on Saturday, Feb. 22, 2020, from 10 a.m. to 1 p.m.

The new partnership will allow Cleveland Clinic to expand its sports and physical therapy program, giving patients the ability to complete therapy at the Weston YMCA, located at 20201 Saddle Club Road. Approximately 1,200 square feet of space at the YMCA will be designated as the Cleveland Clinic Physical Therapy Center at the Weston YMCA Family Center.

Patrons of the YMCA, as well as the surrounding community will also benefit from the partnership. Cleveland Clinic Weston and the YMCA will collaborate to provide monthly comprehensive health education programs and services, including seminars, screenings, physician lectures, wellness assessments and nutritional information.

“Our goal is to improve the quality of life for our patients and the community by closing the ‘clinic to community gap’ for health care services and education,” said Rodolfo J. Bandon, MD, MBA, President of Cleveland Clinic Weston. “Our organizational missions align and we are excited to collaborate with the YMCA to create a new model of program offerings for our community.”

“The YMCA of South Florida is very excited to partner with Cleveland Clinic Florida to take the Y’s Healthy Living platform to a new level for our members and residents,” said Sheryl A. Woods, CEO & President, YMCA of South Florida. “We believe in improving the overall health and well-being of people of all ages and backgrounds throughout South Florida.”

Some of the benefits YMCA members and the community will enjoy as a result of this partnership include:

- Opportunities to sign up for seminars on relevant topics given by Cleveland Clinic professionals, including nutritionists, physical therapists, nurses and doctors
- Access to assessments and screenings at the YMCA's Weston campus
- Information on executive assessments and health physicals
- Access to the latest in health tips, findings and procedures
- Information on Cleveland Clinic doctors and physical therapists
- Referrals and easy appointments with Cleveland Clinic professionals
- On-site access to physical therapy, if needed

About Cleveland Clinic Weston

Cleveland Clinic Weston, part of Cleveland Clinic's Florida region, is a nonprofit, multi-specialty, academic medical center that integrates clinical and hospital care with research and education. With locations in Weston, Fort Lauderdale, Coral Springs, Parkland, West Palm Beach, Wellington, and Palm Beach Gardens, Cleveland Clinic Weston has more than 250 physicians with expertise in 55 specialties. The medical campus is fully integrated and includes diagnostic centers, outpatient surgery and a 24-hour emergency department located in the state-of-the-art hospital. Cleveland Clinic's Florida region now includes Cleveland Clinic Indian River and Cleveland Clinic Martin Health and has hospitals and outpatient centers in Broward, Palm Beach, Martin and St. Lucie Counties. The Florida region is an integral part of Cleveland Clinic in Ohio, where providing outstanding patient care is based upon the principles of cooperation, compassion and innovation. Physicians at Cleveland Clinic are experts in the treatment of complex conditions that are difficult to diagnose. For more information about Cleveland Clinic Florida, visit www.clevelandclinicflorida.org. Follow us on [Twitter](#) and [Facebook](#).

About the YMCA of South Florida

The Y is a leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. Every day, the Y works hard to build healthy, confident, connected and secure children, adults, families and communities through over 200 afterschool, preschool, special needs, sports, camp and youth programs, family centers, and senior health outreach sites. The Y has been a leader in the health and wellness field for over 180 years. To learn more, visit www.ymcaofsouthflorida.org, connect on Facebook or Twitter, or call a Y near you.

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