COVID-19 – Coronavirus
April 2020
Resource Packet

Provided by:
YMCA of South Florida
L.A. Lee YMCA Family Center
YMCA Health Navigation Program

Broward County & Miami–Dade County
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Preface: Purpose of this Packet

The YMCA of South Florida has served South Florida youth, families, older adults, and community at large for over 100 years in the areas of Youth Development, Healthy Living and Social Responsibility.

In response to the COVID-19 (coronavirus) public health crisis in March 2020, the YMCA of South Florida recognizes the impact to those in need throughout the South Florida community. Through the YMCA of South Florida and our L.A. Lee YMCA Family Center’s “YMCA Health Navigation Program or YHN,” the YMCA is able to continue to serve those in need by connecting them to important and ongoing resources offered by local, state, and private entities.

The YHN team of YMCA Community Health Workers identified the need to connect community members to key hotlines, food resources, reliable information and well-phone check ins for families and older adults – in particular the most vulnerable. This packet was created to gather all of the ongoing and fluid information together in one place in an effort to help facilitate access to those resources and information faster and help those in need during the most critical time. The majority of our most vulnerable may not have access to internet or social media, nor may they know how to access or even be in an emotionally stable space to research for their own needs. The YHN team will be using this to help connect those in need to important resources. Because this information is consistently changing, this will continue to be updated and revised as the need arises and is a working document.

Through this effort, the YMCA of South Florida hopes to continue to offer some assistance to those in need during this trying time – as we continue to strengthen the foundation of community.
General Resources
Health Recommendations for COVID-19

Preventative Measures
The Center for Disease Control and Prevention (CDC) wants people to avoid the person-to-person spread virus that potentially increase the numbers of COVID19 cases in the United States. Between people who are in close contact with one another (within about 6 feet), they are at risk of being infected or can infect another person by a cough or sneeze. See Figure 1:

![COVID-19: 2–2.5*](image)

Figure 1 Sources: WHO, Journal of the ISIRV

What are the symptoms?
1. Headache
2. Fever
3. Fatigue
4. Body aches
5. Cough
6. Shortness of breath

Who is at higher risk?
1. Older adults
2. Individuals who have serious chronic medical conditions like:
   a. Heart disease
   b. Diabetes
   c. Lung disease.
   d. Lupus
   e. Asthma

What can you do to prevent to virus from spreading?
1. Stock up on household cleaning supplies, food and water
2. Take everyday precautions to keep space between yourself and others who may potentially be sick
3. Limit exposure to individuals who are sick
4. Limit close contact
5. Wash your hands often
6. Stay home as much as possible to reduce your risk of being exposed.
Tips to Protecting Yourself and Your Family

1. Create and Action Plan
   a. Talk with the people who need to be included in your plan
   b. Plan ways to care for those who might be at greater risk for serious complications
   c. Get to know your neighbors
   d. Stay in touch with others by phone or email

2. Practice good personal health habits and plan for home-based actions:
   a. Practice everyday preventive actions now
      i. Washing hands
      ii. Wiping down household surfaces with antibacterial products
      iii. Not touching your face
   b. Choose a room in your home that can be used separately for any sick household members

3. Be prepared if your child’s school or childcare facility is temporarily dismissed:
   a. Learn about the emergency operations plan at your child’s school or childcare facility.

4. Plan for potential changes at your workplace:
   a. Learn about your employer’s emergency operations plan.

Discuss sick-leave policies and telework options
Stress Management Tips

The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others please call

- 911
- Substance Abuse and Mental Health Services Administration’s (SAMHSA’s) Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746. (TTY 1-800-846-8517)

Stress during an infectious disease outbreak can include

- Fear and worry about your own health and the health of your loved ones
- Changes in sleep or eating patterns
- Difficulty sleeping or concentrating
- Worsening of chronic health problems
- Increased use of alcohol, tobacco, or other drugs

Things you can do to support yourself

- Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

For people who have been released from quarantine

Being separated from others if a healthcare provider thinks you may have been exposed to COVID-19 can be stressful, even if you do not get sick. Everyone feels differently after coming out of quarantine. Some feelings include:

- Mixed emotions, including relief after quarantine
• Fear and worry about your own health and the health of your loved ones
• Stress from the experience of monitoring yourself or being monitored by others for signs and symptoms of COVID-19
• Sadness, anger, or frustration because friends or loved ones have unfounded fears of contracting the disease from contact with you, even though you have been determined not to be contagious
• Guilt about not being able to perform normal work or parenting duties during quarantine
• Other emotional or mental health changes
Mental Health Tips for COVID-19

Mental Health Resources for COVID-19 (updated March 24, 2020)

- With schools closed because of the Coronavirus (COVID-19), Broward County Public Schools acknowledges this may be a cause of stress and anxiety for you and your children. The Mental Health Leadership Team remains committed to continuing to provide services to you and your children. All services will be provided remotely. You may call your child’s school to request assistance or the BCPS Mental Health Hotline at 754-321-HELP. A mental health professional will respond to your request in a timely manner.

If you feel your child may harm themselves or others, please call:

First Call for Help: 2-1-1

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Or text

National Crisis Text Line: 741741

Below is a list of resources that you might find helpful as you try to cope during the COVID-19 pandemic:

Broward County Public Schools Mental Health Strategic Plan Overview

- **Goal 1:** Raise awareness of mental health issues in order to reduce stigma and promote the overall awareness of students, staff, and community.

  **Goal 2:** Positively influence educational outcomes as they relate to mental health and social emotional learning of BCPS students and staff.

  **Goal 3:** Narrow the gap between identified mental health needs of students and staff and service linkage by developing a comprehensive mental health delivery model.
Goal 4: Improve the effectiveness and efficiency of the collaborations between the District and community partners.

**Tips for the New Normal at Home with Kids**

I. Setting Realistic Expectations
   1. Be open, flexible and positive.
   2. Create plans for the days and weeks ahead.
   3. Expect your kids to be testy, scared and suffer through occasional bouts of Cabin Fever.

II. Set Up Routines
   1. Follow as much of a routine as possible.
   2. Have them go to sleep and wake up at around the same times.
   3. Take showers or baths at regular times.
   4. Avoid them spending the entire day in pajamas and get them dressed in the morning.
   5. Prepare meals for them at the same times as they would during normal circumstances.

III. Get Them Involved in Home Life
   1. Make sure your child continues with his daily chores and even increasing their workload is advisable
      i. Involve them in setting the table
      ii. Taking the dog out for a walk
      iii. Putting away dishes

IV. Get Crafty and Creative

https://www.goodhousekeeping.com/home/craft-ideas/how-to/g1389/diy-kids-activities/
SOFFA is a group intended for those with transgender loved ones who wish to better understand & support them. This group allows you the opportunity to share your thoughts & feelings with individuals who've had similar experiences. This group may be for you if you are trying to process a partner or child's, transition, or simply trying to better understand a new friend.

Second & third Saturdays of the month at 10AM

We have partnered with GoToMeeting to provide a secure virtual meeting environment that you can attend with just your voice or with your voice and video.

Our facilitators will be guiding the meetings just as they do in our physical office.

You must register to gain access to the private online rooms., Please click the register button below and fill-out a quick form so our team can enroll you for free.

Register at
Cable/Cellphone/Internet Carrier Information

Cable
Comcast

- Implementing the following new policies for the next 60 days, and other important initiatives

  I. Xfinity WiFi Free For Everyone
     1. Xfinity WiFi hotspots across the country will be available to anyone who needs them for FREE – including non-Xfinity Internet subscribers.

  II. Pausing Our Data Plan
     1. With so many people working and educating from home, we want our customers to access the internet without thinking about data plans. We are pausing our data plans for 60 days giving all customers Unlimited data for no additional charge.

  III. No Disconnects or Late Fees
     1. We will not disconnect a customer’s internet service or assess late fees if they contact us and let us know that they cannot pay their bills during this period.

  IV. Internet Essentials Free to New Customers
     1. New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for $9.95/month.

  V. News, Information and Educational Content on X1
     1. For those with school-age students at home, we’ve created new educational collections for all grade levels in partnership with Common Sense Media. Just say “education” into your X1 or Flex voice remote.

  VI. 24x7 Network Monitoring
     1. Our engineers and technicians staff our network operations centers 24/7 to ensure network performance and reliability.

Cellphone
T-Mobile

- We are continuing to work with customers on a case-by-case basis to manage account issues. We do not have an offer available for 60 days of free service and encourage consumers to be cautious of social media posts that may include fraudulent numbers.

ATT

- Here’s what we’re doing to help our customers and our communities get through this:

  I. Last week, we announced that we are suspending broadband usage caps for our home internet customers. That means no overage fees while people are home using more data.

  II. We’re keeping our public Wi-Fi hotspots open for anyone who needs them.

  III. We continue to offer internet access for qualifying limited-income households at $10/month through our Access from AT&T program.

  IV. We will not terminate service of any wireless, home phone or broadband residential or small business customer due to an inability to pay their bill as a result of the coronavirus pandemic – and we’re waiving late payment fees for those customers.

  V. We are underwriting expenses for a “one-stop” resource center to support eLearning Days from the State Educational Technology Directors Association. It’s available to help all educators handle school closings and virtual learning.

  VI. Our FirstNet teams are working closely to keep first responders stay connected.

  VII. We are helping businesses and universities stand-up virtual offices and classrooms with conference call and video conferencing with Cisco Webex Meetings with AT&T. We’re
also enabling businesses to forward calls to both mobile and landline phones with AT&T IP Flexible Reach.

**Verizon**

- **What is Verizon doing for customers who may experience hardships due to COVID-19?**
  - If customers are experiencing a hardship, they should call our customer service team to discuss their situation and available options. Customer support contact numbers, an online chat feature and support content can be found on the following pages:
    1. Wireless: https://www.verizonwireless.com/support/
    3. In Home: https://www.verizon.com/support/residential/home

- **Verizon will offer free international calling to countries identified by the Center for Disease Control as level 3 impacted by the coronavirus effective 3/18 through the end of April.** This is available to wireless postpaid consumer and small/medium business customers, and landline home phone customers. Unlimited calls will be included to mobile and landline termination, with the exception of Iran, Latvia, Lithuania and Slovenia provided 300 minutes of free calls per month. Effective 3/19, wireless prepaid customers will also receive a total of 300 additional minutes to call level 3 countries.

- **Verizon will also waive activation fees on new lines of service and upgrade fees starting March 18.** This applies to all purchases and service-only activations made through Verizon digital channels, such as verizonwireless.com and the My Verizon app.

**Sprint**

- **If you have critical needs that require in-store assistance, please check our store locator for up-to-date information on store hours and closures.** We’re working hard to understand how to best serve you during these unpredictable times. As long as COVID-19 affects our communities, we'll continue to update this page with our latest efforts to keep you safe and connected.”
  - We’re supporting customers by:
    1. **Providing Unlimited data for 60 days to customers with metered data plans (effective 3/18)**
    2. Giving 20 GB of FREE mobile hotspot to customers with hotspot-capable devices (effective 3/18)
    3. Offering complimentary rates from the U.S. to CDC-defined Level 3 countries to customers with international long-distance plans (effective 3/17)
    4. If you need more support:
      i. Visit the Support Center
      ii. Download the App

**Free Internet Services**

2 Months of **Free Internet Service for Homes with K-12 and College Students**

Charter and Comcast are offering **60 days of complimentary broadband** to homes with K-12 or college students.

For those without existing service, Charter will provide free Spectrum broadband and Wi-Fi. Installation fees will be waived. The company will work with school districts to advertise the offer as well as other low-income household options.
Comcast is waiving fees for its Internet Essentials service to low-income households and the company will increase internet speed for the service from 15/2 Mbps to 25/3 Mbps for both new and existing customers. New customers will be sent a self-install kit that includes a cable modem with a Wi-Fi router.

To enroll for Charter’s service, call 844.488.8395; for Comcast’s, 855.846.8376 for English speakers or 855.765.6995 for Spanish speakers, or go to www.internetessentials.com.
Medication Information

CVS

3. Video Visits
   a. “Limit the spread of contagious illnesses. You can be evaluated for many conditions, including symptoms of coronavirus (COVID-19), from the comfort of home.”
   b. $59 per visit
   c. Available 24/7 365 days a year
   d. Must go on CVS website and create an account

4. FREE 1-4 day delivery
   a. Items must be $35 or more on items
   b. Can get same day delivery if using instacart
   c. Must go on CVS website and create an account

Walgreens

5. Operating Hours
   a. “Most Walgreens locations, including 24-hour stores, will now be open from 9 a.m. until 9 p.m.”
   b. Also applies to weekends
   c. “For Walgreens locations with a 24-hour drive-thru pharmacy, while the front of store will close at 9 p.m., the pharmacy drive-thru will remain open, as it always has, for 24 hours”

6. Additional Products to Purchase
   a. Some products can be purchased at the pharmacy drive-thru
      I. Examples:
         1. Cleaning supplies and sanitizers
         2. Cough/cold, pain/fever and immunity support
         3. Grocery items
         4. Infant formula/adult nutrition
         5. Medical supplies/first aid
         6. Paper goods
      II. Must call local pharmacy for drive thru purchases
   b. Video Calls are available
I. $59 per visit
   c. Walgreens Express
      I. Express Pickup
         1. Must prepay for Rx
         2. Will receive a pickup pass and code
         3. Can pick up order in the express line or drive-thru
      II. Express Delivery
         1. Securely prepay (FREE delivery)
         2. Received delivery confirmation
         3. Will receive order via FedEx
         4. MUST visit Walgreens website to setup an account
Vulnerable Population Registry

Who?
Residents who may experience prolonged power and phone outages.

What?
Municipalities can use to help evaluate resident needs in their communities and assist in planning a response in an emergency. You will be provided services or placed on a priority list for responders; it will help responders be better prepared to meet your needs in a recovery.

Where?
Broward County

When?
After a hurricane or other emergency

Why?
Elevators may not be functioning. Residents may not be able to leave their apartments to get assistance or let others know that they are in need.

Disclaimer:
While registering in the database services cannot be guaranteed.

How?
Registration should be in advance, and before a storm threatens. The Registry is used by municipalities for planning purposes only, and is not a guarantee of assistance. Register online, or by calling the Broward County Call Center at 311 or 954-831-4000 (TTY 954-831-3890), or by contacting your municipality’s emergency management agency.
Mortgage Assistance

If you are among those financially impacted by the coronavirus pandemic, you might be concerned about how to pay your mortgage or rent. Federal and state governments have announced plans to help struggling homeowners during this time.

Important things to know first
For many homeowners with mortgages, there’s help, but first assess your situation.
1. If you can pay your mortgage, pay your mortgage.
2. Don’t call your mortgage servicer if you aren’t facing an immediate issue.
3. Check their website first for possible options.
4. If you can’t pay your mortgage, or can only pay a portion, contact your mortgage servicer immediately.

A new federal law, the Coronavirus Aid, Relief, and Economic Security (CARES) Act, puts in place two protections for homeowners with federally backed mortgages:
1. A foreclosure moratorium
2. A right to forbearance for homeowners who are experiencing a financial hardship due to the COVID-19 emergency

If you don’t have a federally backed mortgage, you still may have relief options through your mortgage servicer or from your state.

I. Major mortgage relief options during the coronavirus pandemic
   1. Mortgage forbearance
      a. Forbearance is when your mortgage servicer or lender allows you to pause or reduce your mortgage payments for a limited period of time. **Forbearance doesn’t erase what you owe** – you’ll have to repay any missed or reduced payments in the future. If your income is restored, reach out to your servicer and resume making payments as soon as you can.
      b. Depending on the kind of loan you have, there may be different forbearance options. If this option is available to you

II. Moratoriums suspend or stop foreclosure
   a. Foreclosure is when the lender takes back the property after the homeowner fails to make required payments on a mortgage. Foreclosure processes differ by state.
   b. What options do you qualify for?
      i. Your mortgage relief options depend on who owns or backs your
      ii. figure out if your mortgage is federally backed.

To be eligible for protections under the CARES Act your mortgage must be **federally owned or otherwise backed by one of the federal agencies and entities listed below**.
- U.S. Department of Housing and Urban Development (HUD)
- U. S. Department of Agriculture
  - USDA Direct
  - USDA Guaranteed
### CARES Act Relief Options

If your mortgage is a federally backed mortgage, you have two mortgage relief options under the CARES Act:

1. **First**, your lender or loan servicer may not foreclose on you for 60 days after March 18, 2020. Specifically, the CARES Act prohibits lenders and servicers from beginning a judicial or non-judicial foreclosure against you, or from finalizing a foreclosure judgment or sale, during this period of time.

2. **Second**, if you experience financial hardship due to the coronavirus pandemic, you have a right to request a [forbearance](#) for up to 180 days. You also have the right to request one extension for another up to 180 days. You must contact your loan servicer to request this forbearance. There will be no additional fees, penalties or additional interest (beyond scheduled amounts) added to your account. You do not need to submit additional documentation to qualify other than your claim to have a pandemic-related financial hardship.

### If your mortgage is backed by Fannie Mae or Freddie Mac

In addition to the foreclosure moratorium and forbearance, if you are granted forbearance to delay making your monthly payments during this temporary period:

- You won’t incur late fees
- You won’t have delinquencies reported to credit reporting companies
- Foreclosure and other legal proceedings will be suspended

### Borrowers with a mortgage not backed by the federal government

If you have a mortgage loan that is not backed by one of the federal agencies or entities listed above, contact your servicer.

- **Your state may also offer additional mortgage relief options**
- **Get it in writing**

Once you’re able to secure forbearance or another mortgage relief option, ask your servicer to provide written documentation that confirms the details of your agreement and that you’re clear on what the terms are.

### What to do once you’ve received a mortgage relief option

1. **Keep written documentation on hand.** You want to make sure that you have this documentation available in case there are any errors on your monthly mortgage statements to ensure that your statement reflects the assistance provided.

2. **Pay attention to your monthly mortgage statement.** Continue monitoring your monthly mortgage statements to make sure you don’t see any errors.

3. **Keep an eye on your credit.** It’s a good idea to routinely check your credit reports in order to make sure there are no errors or inaccuracies. If you stop making mortgage payments without a forbearance agreement, the servicer will report this information to the credit reporting companies, and it can have a
lasting negative impact on your credit history. If an error has been made, however, you can work to dispute it. Get more information about credit reporting and coronavirus.

Once your income is restored, contact your servicer and resume your payments. If you can save any money now, it’ll be helpful when payments are due later.

Be aware of scams
Scammers often take advantage of vulnerable consumers during disasters and financial shocks. In addition to coronavirus-related scams, be aware of scams that falsely promise financial relief from your mortgage loan, or from foreclosure.

Here’s what to watch for as scammers may:
- Charge a high up-front fee for their services
- Promise to get you a loan modification
- Ask you to sign over your property title
- Ask you to sign papers you don’t understand
- Tell you to make payments to someone other than your servicer
- Tell you to stop making payments altogether
- Promise you payments in connection with providing credit card numbers and other personal information

Learn what steps you can take if you believe you’ve been a victim of a foreclosure scam
Broward County Resources
Human Services of Broward County General Information

March 30, 2020

**FEDERAL STIMULUS RELIEF:**
Federal Stimulus Relief is on the way for workers adversely affected economically by COVID-19 at [https://home.treasury.gov/](https://home.treasury.gov/)

**REEMPLOYMENT (UNEMPLOYMENT) INSURANCE:**
Reemployment insurance is available for those who lost their job, were sent home without pay, workers staying home to take care of their families, or those who had to be hospitalized or quarantined. You can apply for reemployment assistance at [floridajobs.org](http://floridajobs.org)

**MORTGAGE RELIEF:**
Many mortgage lenders are willing to postpone mortgage payments during this crisis, without negative credit penalties. Foreclosures and evictions have been suspended for two months. Fannie Mae and Freddy Mac is allowing borrowers to suspend mortgage payments for up to 12 months if you can prove financial hardship. Call your mortgage lender for specific details. Qualifications may be different from lender to lender.

**BROWARD COUNTY EVICTIONS ACTIVITIES SUSPENDED:**
The Broward Sheriff’s Office, in coordination with the 17th Judicial Circuit, is suspending all eviction activities until further notice due to the current public health crisis.

**SBA ECONOMIC INQUIRY LOAN:**
Small businesses and non-profit organizations can apply for a low interest loan up to $2 million. Go to [sba.gov](http://sba.gov)

**FLORIDA SMALL BUSINESS EMERGENCY BRIDGE LOAN PROGRAM:**
On Monday March 16, 2020 Governor Ron DeSantis activated the Florida Small Business Emergency Bridge Loan Program to support small businesses impacted by COVID-19. The bridge loan program will provide short-term, interest-free loans to small businesses that experienced economic injury from COVID-19. The application IS NOW OPEN as of March 17, 2020 and will remain open through May 8, 2020. More information is at FloridaDisasterLoan.org. The Governor has requested the federal Small Business Administration (SBA) make the Economic Injury Disaster Loan program available for Florida’s small businesses impacted by COVID-19. The Florida Department of Economic Opportunity (DEO) stands ready to assist Florida’s small businesses in accessing this funding when available.

The Broward County Office of Economic and Small Business Development is strongly encouraging EVERY Broward County business to complete the Florida Business Damage Assessment Survey which has been activated to assess the impact of COVID-19 on Florida’s local business operations. The survey can be taken online at https://floridadisaster.biz/.

CREDIT AND BANK CARDS:

Citi is waiving monthly service fees and waiving penalties for early CD withdrawals. Forbearance programs and credit line increases are also available.

PNC has emergency hardship loans at low rates. It’s also waiving or refunding fees associated with certain loans, credit cards, mortgages, and other lending products.

Wells Fargo has options to assist people with their mortgage. Small business owners can qualify for fee waivers, deferral payments, and other assistance.

Chase is allowing those financially impacted by the coronavirus to get fees waived and extended payments on mortgages, credit cards, and auto loans.

Bank of America is offering payment relief on a case by case basis.

FLORIDA DEPARTMENT OF VETERANS’ AFFAIRS (FDVA):

The Florida Department of Veterans’ Affairs (FDVA) is restricting visitor access to the State Veterans’ Nursing Homes and Domiciliary until further notice, except for family members of those residents undergoing end-of-life care.

The U.S. Department of Veterans Affairs (VA) has also temporarily restricted access to their nursing and community living center facilities to only essential visitors until further notice.
• All VA Medical Centers in Florida are implementing enhanced screening protocols at their facilities. VA Outpatient Clinics are also implementing enhanced screening protocols. Please plan to arrive at the facility well in advance of your appointment to allow additional time for the screening process.

• Veterans who are concerned they may have symptoms of Coronavirus (COVID-19) are encouraged to contact the VISN 8 Clinical Contact Center at 1-877-741-3400 (toll free). Clinical staff provide 24/7 virtual care and support, including nurse advice and triage. The service is available at no cost to veterans enrolled for care in the VA Sunshine Healthcare Network (VISN 8).

AGENCY FOR HEALTH CARE ADMINISTRATION:

• The Agency for Health Care Administration (AHCA) will be granting a 90-day extension to all licenses for health care providers and regulated facilities.

DEPARTMENT OF REVENUE:

• The Department of Revenue’s Child Support Program is working to reduce when customers are required to visit a local child support office and is providing new connect/customer service options.

• Efforts include rescheduling genetic testing sample collection appointments and postponing other types of appointments. The Program will soon be implementing the ability for parents to enter into written agreements over the phone, and the Program will be providing new fax, email and form drop-off processes.

FLORIDA STATE UNIVERSITY SYSTEM:

All colleges and universities are urged to switch to remote learning for the rest of the spring semester. Campuses are to be closed and students sent home.

For more information visit: https://www.flbog.edu/2020/03/11/state-university-system-statement-on-covid-19/

FLORIDA DEPARTMENT OF CORRECTIONS:

• FDC has suspended visitation at all correctional institutions statewide through April 5, 2020. The decision to reinstate the normal visitation schedule will be evaluated in consultation with the Department.
  o Inmates will continue to have access to mail, email, phone calls and video visitation.
  o Legal visits will not be impacted.
  o FDC has partnered with vendors to provide some complimentary phone and video visitation services.

• Anyone entering a correctional institution will be screened upon entrance.
FLORIDA DEPARTMENT OF HIGHWAY SAFETY AND MOTOR VEHICLES (FLHSMV):

- Pursuant to Executive Order 20-52, FLHSMV has waived commercial truck hours of service regulations and other related regulations so that emergency supplies, equipment, commodities and resources can be moved more quickly and efficiently throughout the state.
- FLHSMV continues to encourage Floridians through social media and other channels to use convenient online options, rather than visiting an office location, to complete transactions for driver licenses, ID cards, motor vehicle or vessel registrations, and more.
Henderson Behavioral Health Information

At Henderson Behavioral Health our highest priority is the health, well-being and safety of our patients, families and staff. All outpatient locations continue to remain open as we take the necessary precautions in order to provide a clean, healthy environment.

We realize this is an especially stressful time. We will make every accommodation to continue providing individuals with high quality services. If you or anyone you know is in crisis, please call our Mobile Response Team at 954-463-0911 for adults and 954-677-3113, ext. 3 for youth.

Here are some tips from the CDC to help manage stress and anxiety:


We will continue to monitor reports from the CDC, as well as our state and local governments regarding the COVID-19 virus.
Water and Electricity Resources and Tips

Statement from FPL & Water Companies

FPL
- “For customers experiencing hardship as a result of COVID-19, we have resources from FPL available to help, and to the extent they are available, we’ll continue to connect customers with resources from federal, state and local authorities. A good place to learn more is FPL.com/Help. For now, we also are suspending disconnections at least through the end of March.”
- How to call FPL by phone?
  - 800-226-3545 or FPL.com
- FPL Help has assistance with:
  - Bill Payment Assistance
    - Our advocacy partners help us secure federal funding to help low-income customers receive financial assistance with their electric bills
  - Care to Share Assistance
    - Are you in need? We can help. Our shareholders, employees and caring customers all contribute to help customers in crisis keep their lights on when they need it most.
  - Health and Safety Help
    - If you or someone you know requires electricity for life-saving equipment or is elderly and alone, please let us know. We have services to help keep you and those you love healthy and safe.
  - Community Resources
    - Need help with more than just your electric bill? There are other community resources available for seniors, low-income customers, and those in crisis situations.
  - Donate to Care to Share
    - Please consider helping your neighbors in need by donating to our Care To Share program. For the price of a cup of coffee, you can help a family in crisis keep their lights on for another day.
  - Need More Time to Pay your Bill?
    - Our online payment extension offers qualifying customers the chance to temporarily extend the due date of their bills.

Broward County Water
- Contact Customer Service Center if you need assistance 954-831-3250.
- Customers should contact the water company personally and they will be able to provide information on different financial assistance services that they can to apply. It has been advised that they call ahead of time and a representative will be able to work with them one on one.
Transportation Information Broward County

Are Clinics/Doctors’ offices providing pick up?

a. Chen Senior Medical Center (Broward County)
   - Lauderhill
   - North Lauderdale
   - Pembroke
   - Hallandale

   - All locations will be providing Telemedicine over the phone. They will not be picking up patients due to the possible risk of exposure.

b. Please call your
   - Local Medical Center Doctor’s office and/or insurance for more information on how to proceed with medical care over the phone.

Public Transportation Status

a. Broward County Transit Help Line (AADRC) – 954-745-9779
   - Emergency services for food – they can help (stay on line)
     - Give them a call to apply 1-2 week supply of frozen meals
   - TOPS is still active $3.50 per trip

b. Broward County Transit 954-357-8400
   - Busses are still running and prices will still be the same.
     - Please be sure to call ahead of your departure for route information if you are not sure as to which bus or route to take.
   - Below are some Safe Travel Tips regarding the prevention of getting and spreading COVID-19.
Broward County Food Resources

BROWARD COUNTY PUBLIC SCHOOLS BREAKFAST AND LUNCH INITIATIVE

- Broward County will be providing breakfast and **FREE OR REDUCED** lunch to students and their families on
  - Monday, Wednesday and Thursday.
- Breakfast will be offered from
  - 8 a.m. to 10 a.m.
- Lunch will be offered from
  - 11 a.m. to 1 p.m.

Students **MUST** show their student I.D. card. If a student does not have their I.D. because they were told to leave it at school, the district says to notify one of the workers. "Flexibility will be provided for these students to assure they receive meals," (stated by the district)

**Meals will be distributed at the following**

**Highschools:**
- Boyd Anderson High School, Blanche Ely High School, Dillard High School, Flanagan High School, Hallandale High School, Miramar High School, Nova High School, Sunrise Middle School, Taravella High School, Plantation High School, South Broward High

**Elementary Schools:**
- Mary M. Bethune, Challenger, Coconut Palm, Charles Drew, Flamingo, Stephen Foster, James Hunt, Lake Forest, Lloyd Estates, Thurgood Marshall, Meadowbrook, Norcrest, Oakridge, Orange Brook, Parkside, Annabel C. Perry PK-8, Pines Lakes, Pinewood, Quiet Waters, Royal Palm, Sawgrass, Village, Walker

**Middle Schools:**
- Coral Springs, Driftwood, Glades, Lyons Creek, Rickards, Sawgrass Springs, Seminole, Sunrise, Westpine

**Summer BreakSpot distributes free breakfast, lunch, dinner and snacks to kids and teens. For a location near you visit**
[https://summerbreakspot.freshfromflorida.com](https://summerbreakspot.freshfromflorida.com)
Food Resources Provided By Local Churches

County churches
Dozens of them may feed the hungry, poor, and less fortunate. Free food boxes, baby formula, hot meals, and other help is available. There may also be hygiene supplies and similar goods. Find more information on church assistance programs in Broward County.

San Isidro Catholic Church
2310 Hammondville Road - (Martin Luther King Boulevard)
Pompano Beach, Florida 33069
Telephone: 954.978.2302
Deliveries - Saturday Only
They operate a charity Food Ministry for the working poor. Free groceries and other programs are for residents.

Catholic Charities of the Archdiocese of Miami, Inc.
1503 NE 26th Street, 2nd Floor
Wilton Manors, FL 33305
Telephone: 954.630.9501
8:30 am - 4:30 pm (M-F)
In addition to food, the agency may have assistance for basic needs such as rent or cooling bills. Clothing and gifts for children and the holidays may be available. Also programs focus on seniors in Broward County.

All Saints Catholic Mission
Address - 3350 Powerline Road
Oakland Park, Florida 33309
Telephone number: 954.396.3086
Soup Kitchen is open daily, 4:00 pm - 5:00 pm.
Open daily and provides meals and food.

Christian Love Fellowship Church
Address - 801 SE 10th Street
Deerfield Beach, FL 33441
Telephone: 954.428.8980
Food Pantry - Call for help or groceries.
Dial for assistance, counseling, and information.

Gateway Community Outreach
701 NE 2nd Street
Deerfield Beach, FL 33441
Food bank phone number - Telephone: 954.725.8434
Food Pantry - Call for hours & nearest location. Offers various social service programs for the needy in Broward County. Some service include baby formula, meals, clothing, and of course an onsite food pantry and thrift store. They also run a Homeless Prevention & Food Program.

**Haitian Evangelical Baptist Church**
153 NW 12th Street
Pompano Beach, Florida 33060
Telephone number: 954.479.7113
Free Food Pantry
Hours of the facility - 10:00 am - 2:00 pm (W & F)

**Our Father’s House Soup Kitchen**
2380 Martin Luther Boulevard
P.O. Box 70
Pompano Beach, Fl 33061
Telephone number: 954.968.7550
Soup Kitchen & Food Pantry is on site. The hours of the center are Lunch: Mon-Fri, 11:30 am - 1 pm
Hot and cold meals, case management, and shelter for the homeless and very low income.

**Hopewell Missionary - Manna for the Multitude Food Pantry**
890 NW 15 Street
Pompano Beach, FL, 33069
Phone - (954) 782-5778
Call for hours. Assistance includes groceries, baby wipes, and even diapers. Or learn about WIC vouchers to buy formula.

**Intercession Food Pantry, Inc.**
Location of non-profit food bank - 501 NW 17th Street
Fort Lauderdale, Florida 33311
Phone number is (954) 881-1802

**Jubilee of Praise Ministry Church**
Location is 4505 NW 103rd Avenue
Sunrise, FL, 33351
(954) 667-6011

**Pentecostal Gospel Temple Ministries**
Address of center is 767 State Road 7
Margate, Florida 33068
Telephone: 954.979.9999
Food Pantry
10:30 am - 4:00 pm (M-Th)
St. Ambrose Catholic Church
380 S Federal Highway
Deerfield Beach, Florida 33441
Telephone: 954.427.2225
Food Pantry (Just Deerfield Beach)
Call the church to get information on when free food, meals, and perishable items are distributed.

St. Laurence Chapel
1698 Blount Road
Pompano Beach, FL 33069
Telephone number is 954.972.2958
Soup Kitchen is on site at this church.
Breakfast: 8:30 am - 9:30 am
Lunch: 12:30 pm

Temple Beth Orr (Rabbi Gross Food Pantry)
2151 Riverside Drive
Coral Springs, Florida 33071
Dial 954.753.3232
Food Pantry hours Tuesday from 10am to noon.
Also has holiday meals and gifts. Call for information.

Cooperative Feeding Program
1 NW 33rd Terrace
Fort Lauderdale, FL 33311
Telephone number: 954.792.2328
Food Pantry: Mon-Fri, 9 am - 4 pm
Soup Kitchen: Mon-Sat, 9 am - 11 am & Sun, 11 am - 12:30 pm

Cross Road Food Bank
621 NW 6th Avenue
Fort Lauderdale, FL 33311
Telephone: 954.627.6900
Food Pantry: Mon-Fri, 8 am - 4 pm
Requires a referral. If you have one, you may receive help in applying for food stamps, emergency food boxes, and meals.

Mission for God's Disciples
Location of the food bank is 641 SW 30th Avenue
Fort Lauderdale, FL 33312
Telephone: 954.244.6381
Food Pantry: 8 am - 4 pm (Tuesday & Thursday). There may be groceries as special Christmas and Thanksgiving food boxes and meals.
**Bread of Life Food Pantry**  
(954) 435-7474  
Food, free baby formula or diapers, clothing, and other support is available. Clients can be veterans and single moms in Broward County.

**AHM Church of God in Christ**  
744 NW 12th Avenue  
Fort Lauderdale, FL, 33311  
Call (954) 763-9945

**All Saints Catholic Mission and the Soup Kitchen**  
Address is 3350 Powerline Road  
Oakland Park, FL, 33313  
Phone - (954) 801-8283  
Programs include a soup kitchen as well as free food bank. There is also a shelter on site for the homeless.
Area Agency on Aging of Broward County

Qualification:

5. 60 years and older
6. Home bound
7. DO NOT have any means of getting food.
   - For example: Family cannot bring you food, no transportation, medical condition enables you from leaving your home
8. Are not currently the recipient of any meal programs
9. Are experiencing a food shortage due to the COVID-19 pandemic

Please call Area Agency on Aging of Broward County at (954) 745-9779 for assistance

Please note: Due to a large call volume, waiting time is a little longer than usual.

What is ConnectingWithU?

ConnectingWithU is a free, telephone reassurance service that provides emotional support for Seniors in Broward County. ConnectingWithU offers an individualized, emotionally safe space for Seniors to express their feelings and concerns while staying interconnected to others from the comfort of their own home.

ConnectingWithU calls can prevent Seniors from feeling isolated, becoming depressed, requiring medical services, or potentially institutional placement as a result of being disconnected from human interaction and emotional instability.

How does ConnectingWithU work?
ConnectingWithU provides daily or weekly calls to Seniors to ensure their emotional and physical wellbeing. The calls offer peace of mind for Seniors who are lacking human interaction and socialization.

ConnectingWithU also serves as a health and safety check and a helping hand to a senior to help them address unmet needs. In addition, if we are unsuccessful in connecting with the Senior after multiple phone attempts, we will ensure that the designated emergency contact(s) will be contacted and asked to check on the Senior's wellbeing. If no one can be reached, we will contact the appropriate agency to provide a home visit. *In some cases, we will call for dispatch emergency services to be rendered.*

Stay tuned for ConnectingWithU updates. If you are interested in being a volunteer and join our ConnectingWithU Team, please call 954-745-9567 or email volunteers@adrcbroward.org
Rental Assistance and Information Broward County

Broward Sheriff’s Office
- Has coordinated with the 17th Judicial Circuit
  I. Will **CEASE** all Eviction activities until further notice.
  II. Note: Please stay in contact with landlords or rental property owners

Broward County Housing Authority
- Housing office will be **CLOSED** until further notice
- Staff is available via telephone or email
  - If you are reporting a change, leave a message at (954) 739-1114 x 1311
  - For landlord payment information leave a message at (954) 739-1114 x 1376
  - For inspection related questions leave a message at (954) 739-1114 x 1360
    - There may be a delay in response time due to high volume of calls
  - Please check https://bcha.org/bcha-news for updates.
Fort Lauderdale's Housing & Community Development Office

- Now offering rental assistance to eligible Fort Lauderdale residents experiencing job loss due to COVID-19.
- Funding is limited and assistance will be provided on a first-ready, first-served basis.
- Under the program, a lease agreement must already be in place, rental assistance will be paid directly to the landlord, and rents should be reasonable and meet fair market rent rates.
- Eligible residents will receive up to three months of assistance not to exceed a maximum of $5,000 in total benefits.
- **Assistance is contingent upon available funding.**
  - Applications are currently available online at https://www.fortlauderdale.gov/home/showdocument?id=45945
  - Please call 954-828-4527 for additional information.

**Employment Opportunities in Broward County**

Florida Reemployment Assistance Application
Florida Reemployment Assistance Application

If you are having trouble accessing the online application, please download a Florida Reemployment Assistance Application and mail to:

Florida Department of Economic Opportunity
P.O. Box 5350
Tallahassee, FL 32314-5350

For English applications please visit: http://www.floridajobs.org/docs/default-source/reemployment-assistance-center/paper-applications/reemployment-assistance-application-eng.pdf?sfvrsn=9f2d4750_4

For Applications in Spanish please visit: http://www.floridajobs.org/docs/default-source/reemployment-assistance-center/paper-applications/reemployment-assistance-application-epsa.pdf?sfvrsn=871d4750_4

Representative Michael Gottlieb
Tallahassee Office:
1302 The Capitol
402 South Monroe St
Tallahassee, FL 32309
Phone: (850) 717-7568
Email: Michael.Gottlieb@mffloridahouse.gov

Plantation Office:
7051 SW 68th St
Suite 107
Plantation, FL 33324
Phone: 954-424-6822
Telehealth Resources

Telehealth & Mobile Visits Provided by Champions for Healing

I. Champions for Healing, LLC Direct Primary Care
   a. “Bringing quality care directly to you serving Broward and Palm Beach County”
      i. Services
         1. General Health
         2. Prevention & Wellness
         3. Immunizations
         4. Work. School/Travel Exams
         5. HIV/ STI Management
         6. Home Visits
         7. Chronic Disease Management
         8. Post Discharge Visit
         9. PrEp Provider
        10. Transitional Care
   ii. Membership
      1. Individual Membership
         a. Age 18-39
            i. $65/Month
         b. Age 40-59
            i. $80/Month
         c. Age 60+
            i. $100/Month
      2. Benefits
         i. Unlimited Medical Visits
         ii. Same Day Visits
         iii. Telemedicine visits
         iv. Extended hours for access to medical team via text or phone
         v. Cost savings on out of pocket expenses for labs and imaging
      vi. No deductibles or co-pays
   iii. Insurance
      1. Accepts
a. Medicare, Medicaid and Florida Blue Plans
   b. Cash based Services also offered
2. Medicare patients do not qualify for membership plan, services will be billed to insurance
iv. Contact information
   1. Telephone: (954) 683-9791
   2. Email: championsforhealingcares@gmail.com

MemorialDOCNow Virtual Visit
COVID-19 Testing in Broward County

Broward Health is Now Offering COVID-19 Testing*

To help ensure the health and wellness of our community during the COVID-19 pandemic, Broward Health is extending mobile, drive-through testing for our community. We are dedicated to caring for you and safeguarding our community. Please see instructions below.

To meet criteria, individuals must be:
- Prescreened and meet CDC and DCH testing guidelines
- Prequalified with a prescription
- Preregistered through our call center

Things you must bring:
- Proper ID required inclusive of name, date of birth, and photo (can be ONE of the following):
  - FL Drivers License
  - State-issued ID
  - Passport
- Patient confirmation number from our call center

By appointment only.
To register, call 954.320.5730 from 7am-7pm to receive further instruction.

*While supplies last
Results are NOT immediate.

If experiencing shortness of breath or in case of emergency, dial 9-1-1 immediately.
Broward Health opens drive-thru COVID-19 testing site in Lauderhill

- **LAUDERHILL, FLA. (WSVN)** - Another COVID-19 drive-thru testing site has opened in Broward County, this time in Lauderhill.
- Broward Health will be testing patients for the coronavirus at Central Broward Park & Broward County Stadium, located at 3700 N.W. 11th Place, starting Wednesday.
- Those who would like to get tested must **first pre-register** to schedule an appointment and have a written script from a physician.
- Patients who do not have a primary care physician and need help can download the BHealthy Now app that enables patients to get a virtual health screening from a board-certified physician.
- Those who would like to pre-register can call the Broward Health line at 954-320-5730.
- Patients who go to get tested at the site must bring a photo ID and the written script.
**Important Hotline Numbers**

**Emergency Police, Fire or Medical Assistance** - 911

**Questions about COVID-19**
Florida Department of Health COVID-19 Call Center - 1-866-779-6121

**Concerns about Exposure**
*Please call before going to any health care facility* 954-412-7300

**Price Gouging Hotline for Supplies** - 1-866-966-7226

**First Call for Help Crisis Counseling Line** - 211 or (954) 537-0211

 Assistance Programs that will be beneficial at this time

1. **Senior Touchline**  
   a. Gives Seniors over the age of 60 a daily phone call to check on them

2. **Financial Assistance**  
   a. Helps you locate financial assistance for energy bill payment, medical expenses, public programs, mortgage consultation and more.

3. **Disaster Preparedness**

**Broward County Hotline/ Helpline** - 311 or 954-831-4000 or 954-563-4357

*Has English, Creole and Spanish speaking specialist*

**American Red Cross** - 954-797-3800

Can provide assistance with emergency shelter

**Broward County Emergency Management** - 954-831-3900

**Special Medical Needs Shelter Registration and Transportation** - (954)831-3902 / (954) 831-3940 (TTY)

**Center for Independent Living of Broward County** - (954) 722-6400

**Federal Emergency Management Agency** - 800-480-2520

**Florida Division of Emergency Management (FEMA)** - 800-354-3571

**Homeless Services** 954-563-HELP / 954-563-4357

**National Organization on Disabilities** - 202-293-5960

**Salvation Army** - 954-524-6991

 Assistance Programs that will be beneficial at this time

1. **Disaster Relief**

2. **Homeless Shelter**

3. **Food Pantries**

4. **Help For Domestic Abuse**
5. **Elder Helpline** – 954-745-9779 – **Area Agency on Aging of Broward County** – 954-745-9779
BROWARD RESOURCE SOURCES

Health Recommendations for COVID-19

Tips to Protect Yourself and Family


https://fdoh.maps.arcgis.com/apps/opsdashboard/index.html#/8d0de33f260d444c852a615dc7837c86

Stress Management Tips


Tips for the New Normal at Home with Kids

https://www.thechildrenstrust.org/content/making-most-new-normal-home-kids

https://www.goodhousekeeping.com/home/craft-ideas/how-to/q1389/diy-kids-activities/

Henderson Behavioral Health Information

https://www.hendersonbh.org/services/crisis/

Transportation Information

https://www.chenmedicalcenters.com/find-a-location/broward-county

https://www.adrcbroward.org/transportation.php

https://www.broward.org/BCT/Pages/default.aspx
Water and Electricity Resources

FPL.com/Help

https://www.fpl.com/coronavirus.html

https://www.fpl.com/help.html

https://www.broward.org/WaterServices/CustomerService/Pages/Utilform.aspx

Cable/Cellphone/Internet Carrier Information

https://www.xfinity.com/prepare

https://corporate.comcast.com/covid-19


https://www.att.com/help/covid-19/


FREE Internet Services

https://www.internetessentials.com/

Broward County Breakfast and Lunch Initiative


**Food Resources Provided By Local Churches**

**Food Resource Provided by Area Agency on Aging of Broward County**
https://www.adrcbroward.org/covid19.php

**Food Resource provided by Jack and Jill & Feeding South Florida**
https://www.jackandjillcenter.org/

**Rental Assistance Information**

**Medical Condition Self-Management Pertaining to Diabetes and Kidney Disease**

**Medication Information**
https://www.cvs.com/content/coronavirus?icid=mt_200301_dt_banner
https://www.walgreens.com/topic/pharmacy/walgreens-express.jsp?ban=covid_landing_rxdelivery
Telehealth & Mobile Visits Provided by Champions for Healing
https://www.championsforhealing.com/

MemorialDocNow Virtual Visit
https://www.mhs.net/services/memorialdocnow

Vulnerable Population Registry
https://www.broward.org/Registry/Pages/Default.aspx
Miami-Dade County Resources
Greater Miami Chamber of Commerce

- **ADEN University**

ADEN University is part of the ADEN Educational Group and a premier online education provider with almost a decade of experience delivering online education and training. They are offering 11 free workshops, mostly in Spanish, to stay focused, productive and safe as we transform the way we work. [View Workshops](#)

- **AvMed**

AvMed is providing healthcare services and resources to its members to help address the spread and impact of the coronavirus. Resources include zero cost diagnostic testing, increased access to prescription medications, [zero costs virtual visits](#) and more. [Click here to learn more](#).

- **Baptist Health**

In order to help provide greater access to care and peace of mind, Baptist Health will offer FREE online urgent care visits using the code CARE19 for a limited time. If someone is experiencing cold or flu-like symptoms, Baptist Health has clinicians available online, nationwide 24/7, who can help assess an individual’s condition and determine the best course of action. Simply download the Care on Demand app, sign up and see a caregiver from your phone, tablet or computer. [Click here](#) for more.

Baptist Health is also offering free virtual exercise, meditation and educational seminars via Zoom. Please visit [https://event.baptisthealth.net](https://event.baptisthealth.net) and type “virtual” in the search box,

- **Catalyst Miami**

Catalyst Miami is continuing free tax prep to help families receive their stimulus check and other financial relief faster. The free help is available to people who make $54,000 or less, persons with disabilities and taxpayers who speak limited English. To make an appointment at a Branches site, call 305-688-3551

- **The Children’s Trust**

The Children’s Trust is offering childcare scholarships for families between 150% and 300% of the federal poverty level. In addition, The Children’s Trust is joining forces with the United Way of Miami-Dade and other funders to support Operating Helping Hands – Miami Pandemic Response Fund by contributing $500,000 to provide immediate relief to children and families. Visit [www.TheChildrensTrust.org](http://www.TheChildrensTrust.org) for more info.
Florida Blue launched a 24-hour, free emotional support helpline for all Floridians, in partnership with New Directions Behavioral Health. Any Floridian - even in uninsured or insured by another plan - can call 833-848-1762 for support in managing feelings of stress, anxiety, grief or fear related to the COVID-19 pandemic.

Florida Blue is also making an initial investment of $2 million to address urgent and immediate health and safety needs in communities across Florida. The contributions will address food security for seniors and children, support for hourly workers, behavioral health needs and other crisis priorities in local communities.

In addition, Florida Blue is waiving out-of-pocket costs for members who need treatment for COVID-19 and is doubling the company’s match to United Way on all employee contributions made during its 2020 employee giving campaign.

Phillip and Patricia Frost Museum of Science

The Phillip and Patricia Frost Museum of Science has launched a new digital platform learning series, Frost Science@Home, giving our community the opportunity to explore free educational resources, videos, DIY science activities and behind-the-scenes content. To access Frost Science@Home, please visit frostscience.org/athome.

2020 Census

Federal officials are looking at possible changes to how the 2020 Census is handled given the rapidly evolving COVID-19 pandemic. However, every Miami-Dade County resident can go online and complete the census now. With the full extent of coronavirus’ impact on the community still unknown, it will be important than ever that our county receive the critical US government funding distributed based on the census. You can help get the word out: MiamiCensus.org
Miami Dade Unemployment Benefits

In an effort to help Miami-Dade County residents applying for state unemployment benefits, especially those who do not have computers at home, the Miami-Dade Public Library System (MDPLS) will be providing printed copies of Florida Department of Economic Opportunity (DEO) Reemployment Assistance Applications at 26 library locations beginning Wednesday, April 8. For more information and drop-off locations, review the news release. Residents can also download and print a copy of the application from DEO’s website and return it to any participating library’s book drop.

Website to print application:
http://floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/rapaperapplication

Transportation Information Miami-Dade

1. Are Clinics/Doctors’ offices providing pick up?
   c. Chen Senior Medical Center (Miami-Dade County)
      - Aventura
      - County Line
      - Hialeah
      - Miami Gardens
      - Miami Lakes
      - North Miami
      - North Miami Beach
      - West Kendall

      - All locations will be providing a doctor phone call first to assess patient. **IF doctor agrees patient must be seen** – then they will send vehicle for patient pickup.

   d. Please call your
• Local Medical Center Doctor’s office and/or insurance for more information on how to proceed with medical care over the phone.

2. Public Transportation Status
• Miami Dade County Transit Help Line: 305-468-5900 or dial 311
  a. Emergency services for food – they can help (stay on line)
  b. Give them a call to apply 1–2 week supply of frozen meals
  c. STS (Special Transportation Services) is still active $3.50 per trip – please call 786-469-5000
• Miami Dade County Transit
  o Busses are still running and transit fares are suspended.
    a. Please be sure to call ahead of your departure for route information if you are not sure as to which bus or route to take.

Below are some Safe Travel Tips regarding the prevention of getting and spreading COVID-19.

**Miami-Dade Transit**

Miami-Dade Transit continues to prioritize the safety of our transit riders, employees and the community. We are asking customers to use public transit and STS services for essential trips only, until further notice. Customers are encouraged to use contactless, online and mobile payment methods to ride transit and our online services and mobile applications to stay connected.

Miami-Dade Transit suspends all transit fares and offers free parking at Metrorail stations as a direct response to COVID-19

**MIAMI (March 21, 2020)**

The Miami-Dade County Department of Transportation and Public Works (DTPW) is implementing new measures to prevent the spread of novel Coronavirus (COVID-19). These measures are being implemented for the safety of transit riders and employees in order to lessen the need for non-essential interactions.
Effective Sunday, March 22, the following adjustments will be implemented until further notice:

- All transit fares will be suspended.
- Auto reloads for monthly pass customers will be suspended.
- Parking fees at Metrorail stations will be suspended.
- Metrobus customers will be required to board through the vehicle’s rear entrance. Accommodations for riders in need of the wheelchair accessible ramp will continue to be made.

The department continues to urge the community to use public transit for essential trips only and for riders to practice social distancing while using transit.

Miami-Dade Transit provides an essential service for many who need access to food, jobs, and care. Because of the declining ridership experienced locally and nationwide, DTPW implemented service adjustments on Friday, March 20. For more details on transit service, visit the service updates webpage.

The department will continue to monitor the situation closely and may implement additional adjustments as deemed necessary. DTPW’s objective is to continue to provide transit services to those who need it most.

DTPW will continue to follow the latest guidance from the Centers for Disease Control and Prevention (CDC), the Florida Department of Health (FDH), and the U.S. Department of Transportation’s Federal Transit Administration (FTA) and Miami-Dade County to ensure the actions being taken are comprehensive and appropriate.

Riders and employees are advised to follow the guidelines, recommendations and actions being taken by Miami-Dade County in response to COVID-19. For additional information about transit services during this time visit Miami-Dade County’s COVID-19 service update website or call 3-1-1.
Miami-Dade County Food Resources

MIA MI DA DE COUNTY PUBLIC SCHOOLS BREAKFAST AND LUNCH INITIATIVE

- Miami Dade County Public Schools have set up a way for students to receive a hot meal during school closures – all prepared by MDCPS food service personnel.
- For students in Miami-Dade, the district will provide free hot grab-and-go breakfast and lunch meals at all schools between 9 a.m. and 12:30 p.m., Monday through Friday.
- Students can report to their school or neighborhood school to collect meals. Distribution will take place in an area along the external perimeter of the building.

Students MUST show their student I.D. card. If a student does not have their I.D. because they were told to leave it at school, the district says to notify one of the workers. “Flexibility will be provided for these students to assure they receive meals,” (stated by the district).
Food Resources Provided By Local Churches in Miami-Dade

First Assembly of God – Food Pantry
Food pantry address – 824 West Palm Drive
Homestead, Florida 33034
Call the center at (305) 248-0794

St. Joseph Church – Food Pantry
8670 Byron Avenue
Miami Beach, FL 33141
Phone number - (305) 866-6567
One of a number of churches that can offer food, counseling, and aid to people regardless of background.

Food Pantry and Clothing Referrals
2601 N W 65th Street
Miami, FL 33147
Can refer local families to programs, charities, and non-profits in Miami. In addition to groceries and items like baby formula, the location may have gently used clothing and vouchers.

Salvation Army – Community Pantry
Address – 1907 NW 38th Street
Miami, Florida 33142
(305) 637-6700
Resources include a food pantry, Christmas and Thanksgiving meals, and maybe even home delivered meals for the homebound and senior citizens. On occasion Dade County families may also receive financial assistance for basic needs such as rent or cooling bills.

Pass It on Ministries – Emergency Food Program
14617 NW 7th Avenue
Miami, FL 33168
(305) 681-1594

Holy Ghost Assembly–Apostolic – Food Distribution
Food center location is – 8691 NW 22nd Avenue
Miami, FL 33147

Avn – Food Assistance Program Site
12995 NE 7th Avenue
Miami, FL 33161
Telephone number - (305) 867-6060
Saint Patrick's Church
Location of pantry from this church is 3716 Garden Avenue
Miami Beach, FL 33140
(305) 531-1124
Meals, shelter, and more is offered for the very low income, homeless, and children. Other goods may include blankets and personal hygiene items.

Jewish Community Services Kosher Food Bank
Bay R, 15455 W Dixie Hwy
North Miami Beach, FL 33162
Dial (305) 947-8093
The charity - non-profit helps the struggling in Jewish community or any other low income family that needs kosher food. Or get home meals delivered, information on medical care, and other support.

Pass It on Ministries of South Florida
14617 NW 7th Avenue
Miami, Florida 33168

St. Joseph Church
8670 Byron Avenue
Miami Beach, FL 33141
(305) 866-6567

Ministerios el Buen Pastor
Location is 10125 NW 19 St.
Miami, FL 33172
Telephone number - 305-513-3940. Call for groceries, meals, perishable items and referrals to charities in Miami-Dade County Florida.

Westchester
Address - 9500 SW 16 St.
Miami, Florida 33165
Call - 305 221 5886

Bethel Church of the Nazarene
Address - 2800 SW 102 Ave
Miami, FL 33165
Primary phone number is 305-221-4900

First Baptist Church of Coral Park
8755 SW 16 St.
Boxes of food may be offered as donations allow. Call the church for information on their services as well as hours of distribution.

**Christ Fellowship (Downtown)**
Current address - 500 NE 1 Ave
Miami, FL 33132
Phone number - 305-379-4781

**Dade County Society of Saint Vincent**
the assistance programs include a soup kitchen as well as free food pantry. Or stop by at the thrift store. Whether it is groceries, free infant formula, meat, dairy, or other nutritional support, help is offered including to seniors. More on [St. Vincent de Paul in Dade County](#).

**Holy Com Epis Church**
Address of church - 150 SW 13 Ave
Miami, Florida 33135
Tele: 305-643-2711

**Community Partnership for Homeless**
Address - 1550 N Miami Ave
Miami, Florida 33136
Phone number - 305-329-3000
Meals, housing, shelter, and other aid offered.

**Volunteers of America of Florida**
1492 W Flagler St.
Miami, Florida 33135
305-644-0335
A number of food and financial assistance programs may be provided. Also learn about government aid and food stamps too. This national non-profit also focuses on housing and employment issues for those who need a job or are homeless.

**De Hostos Sr Center**
2902 NW 2 Ave
Miami, Florida 33127
Dial 305-573-6220

**Hosana Ministries Int**
Address - 2037 NW 23 Ave
Miami, FL 33142
305-821-0328

Iglesia Bautista CLUE
Address – 3150 NW 7 St.
Miami, Florida 33125
Phone number is 305 541 7023

Victory Outreach Alc Vict
1550 NW 36st Miami FL
Miami, Florida 33124
Call for meals, shelter, and hours of the pantry. 305-633-9169

Calvary Church of the Nazarene
Address – 3210 SW 24 St.
Miami, FL 33145
305-445-7595

Refuge Church of Our Lord
Church address – 4450 NW 17 Ave
Miami, Florida 33242
Call – 305-638-4675

Church of God Prophecy Ltl Haiti
48 NW 54 St.
Miami, FL 33127
Call 305-759-8911 to speak to a representative from the church pantry.

Soul Seeker for Christ
Location is – 375 NE 54 St.
Miami, FL 33137
786-346-7011

Apostolique Faith Church Inc.
Center address – 5708 NE 2 Ave
Miami, FL 33127
786-487-1062

First Interdenom Haitian Church
Food bank address is 5832 NE 2 Ave
Miami, FL 33137
786-662-9582
The center partners with many organizations to help the less fortunate meet their nutritional needs. Bags of food and other items may be offered.

**Spreading Gods Love**  
Food pantry address - 6021 NW 6 Court  
Miami, FL 33127  
305-756-1733

**Eglise Baptiste un Seul Dieu**  
Address - 761 NW 62 St.  
Miami, FL 33150  
Primary phone - 305 303- 6670

**Remar USA**  
Address - 335 NE 61 St.  
Miami, Florida 33137  
305-757-2480

**Prayer and Praise Intl Minis**  
6087 NW 17 Ave  
Miami, Florida 33142  
786-380-3209

**St. Matthews F W Baptist**  
Pantry location is 6700 NW 2 Ave  
Miami, Florida 33150  
Phone number - 305-751-4251

**Citrus Health Kiva Center**  
1339 SE 9 Ave  
Hialeah, FL 33010  
305-884-1382  
This Dade County assistance center offers a variety of assistance programs to those in poverty and who may be struggling.

**Church Evang Baptiste Bethesda**  
Stop by or call the number below 132 NW 54 St. the church can offer free food and other support.  
Miami, FL 33150  
Phone number - 305-892-2953
St. Patrick’s Church (Social Service) - Can provide access to government programs and various social services.
3716 Garden Ave
Miami Beach, Florida 33140
305-531-1124 – Main phone number.

Greater Fellowship
Center location is - 2601 NW 65 St.
Miami, Florida 33147
Call - 305-693-4860

Escarment Foundation
7777 N Miami Ave
N Miami, Florida 33161
Dial the non-profit at 786-273-0698. Free food, clothes, and other support can be provided.

Ministry United International
Address of food bank – 90 E 10 Ave
Hialeah, FL 33010
Telephone number – 305 884 1956

True Gospel Christian Center
8226 NE 2 Ave
Miami, FL 33150
305 751 9292
Assists people of all religions and backgrounds.

Salem Church of God Intl
Food pantry address – 8397 NE 2 Ave
Miami, FL 33150
Dial 786-704-4422 for counseling referrals, and general support.

Glory Temple Ministry Inc. Food Pantry
7950 NW 22 Ave
Miami, FL 33147
Call the ministry: 954-326-7946
Volunteers and staff from this organization offer referrals, guidance, and other forms of support. Fresh perishable food, frozen items, and more may be offered for children, pregnant mothers and low-income families.
Unidad Latina Inc  
1325 E 10 Ave  
Hialeah, Florida 33010  
Tele: 305-300-9218

Fountain of Life Apostolic Church  
Location - 3505 NW 79 St.  
Miami, Florida 33147  
305-546-2723

Eglise Evg Baptist de Lumiere  
Location: 9540 NW 7 Ave  
Miami, FL 33150  
Phone: 305 205-2893

Neighborhood Assembly of God  
10300 NW 36 Pl  
Miami, FL 33142  
786-487-4536

Bible Baptist Church  
Address of the church is 9801 NW 24 Ave  
Miami, FL 33147  
Dial 305-836-7644 for hours that free food and meals are offered to the low income in Miami.

Devine Intervention  
2141 NW 76 St.  
12064, FL 33147  
305-836-3826

Food for Life Network  
Location - 3510 Biscayne Blvd Ste 209  
Miami, Florida 33137  
Phone number - 305-576-1234 x 216  
Partners with regional food pantries in southern Florida as well as national non-profits. Get information for federal government assistance too.

La Premiere Eglise Primitive  
Address - 757 59 NW 95 Ter  
Miami, FL 33150  
305-308-6166
Hialeah Free Methodist Church
921 E 47 St.
Hialeah, FL 33013
Dial the pantry at 305 767 8870
Some of what may be distributed includes fruits, vegetables, and baby formula. Children and teenagers may receive lunches or a breakfast for school. Call for hours.

Miami Bethany Church of Nazarene
Address - 2490 NW 35 St.
Miami, FL 33142
Telephone number is 305-638-2283

Miami Spanish SDA Church
862 SW 4 St.
Miami, FL 33130
Call 305-545-0300 for intake
May have culturally specific food for immigrants and people of all nationalities.

MCC Hot Meals Program
Address of food bank - 400 Biscayne Blvd
Miami, Florida 33132
305-371-3392
Both hot and cold meals, as well as free food may be offered for Miami families.

Riverside Baptist Church
Address - 10775 SW 104 Street
Miami, Florida 33176
Resources are very limited. They only have a very small food bank and only service families in zip codes 33173, 33183, 33176, and 33186 as long as we have food. Call (305) 595-0542 to get information.

Miami Rescue Mission Inc
2159 NW 1 Ave
Miami, FL 33127
305-572-2068
Can provide shelter, housing, clothes, and of course, food and meals. The Miami-Dade County Florida non-profit is one of the leading and most effective charities and food pantries in the region.

Prevention Food Bank
Address: 8325 NE 2 Ave
Miami, Florida 33138
Telephone number - 305-762-6737

Call 954.518.1818 for the locations and application process for additional pantries and soup kitchens in the Dade County region. Free groceries, hot meals, and programs such as Meals on Wheels or summer snacks for children may be available too.
# OTHER FOOD RESOURCES

**Food Insecurity Resources Provided by Feeding South Florida**

## WEEKLY DISTRIBUTIONS

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
<th>Distribution Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PALM BEACH</strong></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>City of Boynton Beach - Hester Center</td>
<td>1901 N Seacrest Boulevard</td>
<td>Boynton Beach</td>
<td>FL</td>
<td>33435</td>
<td>9:00 a.m. - 11:00 a.m.</td>
<td>Weekly on Thursdays</td>
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<tr>
<td>United Haitian</td>
<td>2015 Parker Ave</td>
<td>West Palm Beach</td>
<td>FL</td>
<td>33401</td>
<td>10:30 a.m. - 12:30 p.m.</td>
<td>Weekly on Wednesdays</td>
</tr>
<tr>
<td><strong>BROWARD</strong></td>
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</tr>
<tr>
<td>Jack and Jill Children's Center</td>
<td>200 SW 9 Avenue</td>
<td>Fort Lauderdale</td>
<td>FL</td>
<td>33308</td>
<td>11:00 a.m. - 1:00 p.m.</td>
<td>Weekly on Wednesdays</td>
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<tr>
<td>City of Hollywood</td>
<td>501 SE 1 Avenue</td>
<td>Hollywood</td>
<td>FL</td>
<td>33019</td>
<td>10:00 a.m. - 12:00 p.m.</td>
<td>Weekly on Thursdays</td>
</tr>
<tr>
<td>City of Miramar</td>
<td>2607 Utopia Drive</td>
<td>Miramar</td>
<td>FL</td>
<td>33025</td>
<td>9:00 a.m. - 11:00 a.m.</td>
<td>Weekly on Saturdays</td>
</tr>
<tr>
<td>National Aid Foundation</td>
<td>323 W. Broward Boulevard</td>
<td>Fort Lauderdale</td>
<td>FL</td>
<td>33301</td>
<td>11:00 a.m. - 1:00 p.m.</td>
<td>Weekly on Thursdays</td>
</tr>
<tr>
<td>City of Pembroke Park</td>
<td>315 SW 52 Avenue</td>
<td>Pembroke Park</td>
<td>FL</td>
<td>33023</td>
<td>11:00 a.m.</td>
<td>Weekly on Saturdays</td>
</tr>
<tr>
<td>Cruciform Church</td>
<td>5900 Dewey Street</td>
<td>Hollywood</td>
<td>FL</td>
<td>33023</td>
<td>10:00 a.m. - 12:00 p.m.</td>
<td>Weekly on Saturdays</td>
</tr>
<tr>
<td><strong>MIAMI Dade</strong></td>
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</tr>
<tr>
<td>Big Brothers Big Sisters of Miami</td>
<td>5500 NW 42 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33126</td>
<td>By appointment</td>
<td>Weekly on Tuesdays</td>
</tr>
<tr>
<td>True Deliverance</td>
<td>13000 NW 109 Avenue</td>
<td>Cutler Bay</td>
<td>FL</td>
<td>33157</td>
<td>10:00 a.m. - 12:00 p.m.</td>
<td>Weekly on Tuesdays</td>
</tr>
<tr>
<td>Curby’s House</td>
<td>6625 NW 6 Court</td>
<td>Miami</td>
<td>FL</td>
<td>33127</td>
<td>10:00 a.m. - 12:00 p.m.</td>
<td>Weekly on Thursdays</td>
</tr>
<tr>
<td>SVDP</td>
<td>14205 SW 42 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33186</td>
<td>10:00 a.m. - 12:00 p.m.</td>
<td>Weekly on Fridays</td>
</tr>
<tr>
<td>Bridge to HOPE</td>
<td>10844 SW 188 Street</td>
<td>Cutler Bay</td>
<td>FL</td>
<td>33127</td>
<td>By Appointment</td>
<td>Weekly on Fridays</td>
</tr>
</tbody>
</table>

## ONE-TIME DISTRIBUTIONS

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
<th>Distribution Date</th>
<th>Distribution Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PALM BEACH</strong></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Hope in Action</td>
<td>14005 Okeechobee Boulevard</td>
<td>Loxahatchee</td>
<td>FL</td>
<td>33453</td>
<td>3:00 p.m.</td>
<td>3:00 p.m. - 5:00 p.m.</td>
</tr>
<tr>
<td>Police Athletic League</td>
<td>720 N. Tamarind Avenue</td>
<td>West Palm Beach</td>
<td>FL</td>
<td>33401</td>
<td>3:00 p.m.</td>
<td>10:00 a.m. - 12:00 p.m.</td>
</tr>
<tr>
<td>Boca Raton Spanish SDA</td>
<td>1491 NW 4 Avenue</td>
<td>Boca Raton</td>
<td>FL</td>
<td>33432</td>
<td>12:00 p.m.</td>
<td>12:00 p.m. - 2:00 p.m.</td>
</tr>
<tr>
<td>City of Lake Worth</td>
<td>1925 Lucerne Avenue</td>
<td>Lake Worth</td>
<td>FL</td>
<td>33460</td>
<td>3:00 p.m.</td>
<td>9:00 a.m. - 11:00 a.m.</td>
</tr>
<tr>
<td><strong>BROWARD</strong></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pines Baptist Church</td>
<td>8500 NW 2 Avenue</td>
<td>Pembroke Pines</td>
<td>FL</td>
<td>33026</td>
<td>3:00 p.m.</td>
<td>1:00 a.m.</td>
</tr>
<tr>
<td>Soref Jewish Community Center</td>
<td>650 W. Sunnyside Boulevard</td>
<td>Plantation</td>
<td>FL</td>
<td>33317</td>
<td>3:00 p.m.</td>
<td>11:00 a.m.</td>
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<tr>
<td>Synagogue of Inversey Chabad</td>
<td>6700 NW 44 Street</td>
<td>Lauderdale</td>
<td>FL</td>
<td>33319</td>
<td>3:00 p.m.</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>New Hope Broward Baptist Church</td>
<td>4300 N. Federal Highway, #6</td>
<td>Pompano Beach</td>
<td>FL</td>
<td>33064</td>
<td>3:00 p.m.</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>Merill UMC</td>
<td>3900 N. State Road 7</td>
<td>Lauderdale Lakes</td>
<td>FL</td>
<td>33319</td>
<td>3:00 p.m.</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>The Pantry of Broward</td>
<td>610 NW 3 Avenue</td>
<td>Fort Lauderdale</td>
<td>FL</td>
<td>33301</td>
<td>3:00 p.m.</td>
<td>8:00 a.m. - 10:00 a.m.</td>
</tr>
<tr>
<td>National Aid</td>
<td>323 W. Broward Blvd</td>
<td>Ft Lauderdale</td>
<td>FL</td>
<td>33311</td>
<td>3:00 p.m.</td>
<td>12:00 p.m. - 2:00 p.m.</td>
</tr>
<tr>
<td>The Vine</td>
<td>5050 Coconut Creek Parkway</td>
<td>Margate</td>
<td>FL</td>
<td>33063</td>
<td>3:00 p.m.</td>
<td>11:00 a.m. - 1:00 p.m.</td>
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<tr>
<td>United Church of God</td>
<td>4321 NE 1 Terron</td>
<td>Pompano Beach</td>
<td>FL</td>
<td>33064</td>
<td>3:00 p.m.</td>
<td>12:00 p.m. - 2:00 p.m.</td>
</tr>
<tr>
<td>Victory of Grace Church</td>
<td>2932 NW 15 Street</td>
<td>Fort Lauderdale</td>
<td>FL</td>
<td>33306</td>
<td>3:00 p.m.</td>
<td>12:00 p.m. - 2:00 p.m.</td>
</tr>
<tr>
<td>Trinity Lutheran Church</td>
<td>7150 Pines Boulevard</td>
<td>Pembroke Pines</td>
<td>FL</td>
<td>33025</td>
<td>4:00 p.m.</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>Radiant Living Worship Center</td>
<td>445 SW 2 Street</td>
<td>Deerfield Beach</td>
<td>FL</td>
<td>33441</td>
<td>4:00 p.m.</td>
<td>11:00 a.m.</td>
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As of 3.25.2020 AM
<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
<th>Distribution Date</th>
<th>Distribution Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centro Comunitario APE</td>
<td>868 SE 12 Street</td>
<td>Hialeah</td>
<td>FL</td>
<td>33010</td>
<td>3.26.2020</td>
<td>11:00 a.m. - 1:00 p.m.</td>
</tr>
<tr>
<td>SVDP</td>
<td>14205 SW 42 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33186</td>
<td>3.27.2020</td>
<td>10:00 a.m. - 1:00 p.m.</td>
</tr>
<tr>
<td>Bridge to Hope</td>
<td>10844 SW 188 Street</td>
<td>Cutler Bay</td>
<td>FL</td>
<td>33157</td>
<td>3.27.2020</td>
<td>By appointment</td>
</tr>
<tr>
<td>Miami Fairgrounds</td>
<td>Tamiami Park</td>
<td>Miami</td>
<td>FL</td>
<td>33165</td>
<td>3.27.2020</td>
<td>9:00 a.m. - 11:00 a.m.</td>
</tr>
<tr>
<td>One More Child/ Baptist Children</td>
<td>7746 SW 95 Terrace</td>
<td>Miami</td>
<td>FL</td>
<td>33156</td>
<td>4.01.2020</td>
<td>10:00 a.m. - 12:00 p.m.</td>
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<tr>
<td>Gang Violence</td>
<td>6620 N. Miami Avenue</td>
<td>North Miami</td>
<td>FL</td>
<td>33166</td>
<td>3.26.2020</td>
<td>9:00 a.m. - 11:00 a.m.</td>
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<tr>
<td>MGNROS</td>
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<tr>
<td>Upper Keys Social Services</td>
<td>10491 Overseas Highway</td>
<td>Key Largo</td>
<td>FL</td>
<td>33037</td>
<td>03.25.2020</td>
<td></td>
</tr>
</tbody>
</table>

NOTE: These are interim distributions occurring in the community as a response to COVID-19. Please also visit our agency locator at https://feedingsouthflorida.org/locate-an-agency/ to find a Feeding South Florida partner agency near you. Please call in advance to ensure opening times.

As of 3.25.2020 AM
Farm Share – one time distribution in Miami Dade

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
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<th>Zip Code</th>
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<th>Distribution Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridge to Hope</td>
<td>10844 SW 188 Street</td>
<td>Cutler Bay</td>
<td>FL</td>
<td>33157</td>
<td>3.24.2020</td>
<td>By appointment</td>
</tr>
<tr>
<td>Boys &amp; Girls Clubs of Miami-Dade - Hank Kline Club</td>
<td>2805 SW 32 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33133</td>
<td>3.25.2020</td>
<td>12:00 p.m. - 2:00 p.m.</td>
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<tr>
<td>Boys &amp; Girls Clubs of Miami-Dade - NW Club</td>
<td>10915 NW 14 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33167</td>
<td>3.26.2020</td>
<td>12:00 p.m. - 2:00 p.m.</td>
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<tr>
<td>Centro Comunitario AFE</td>
<td>868 SE 12 Street</td>
<td>Hialeah</td>
<td>FL</td>
<td>33010</td>
<td>3.26.2020</td>
<td>11:00 a.m. - 1:00 p.m.</td>
</tr>
<tr>
<td>SVDP</td>
<td>14205 SW 142 Avenue</td>
<td>Miami</td>
<td>FL</td>
<td>33186</td>
<td>3.27.2020</td>
<td>10:00 a.m. - 1:00 p.m.</td>
</tr>
<tr>
<td>Bridge to Hope</td>
<td>10844 SW 188 Street</td>
<td>Cutler Bay</td>
<td>FL</td>
<td>33157</td>
<td>3.27.2020</td>
<td>By appointment</td>
</tr>
<tr>
<td>Miami Fairgrounds</td>
<td>10901 SW 24 Street</td>
<td>Miami</td>
<td>FL</td>
<td>33165</td>
<td>3.27.2020</td>
<td>9:00 a.m. - 11:00 a.m.</td>
</tr>
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<td>One More Child/ Baptist Children</td>
<td>7748 SW 95 Terrace</td>
<td>Miami</td>
<td>FL</td>
<td>33156</td>
<td>4.01.2020</td>
<td>10:00 a.m. - 12:00 p.m.</td>
</tr>
</tbody>
</table>

Department of Elder Affairs, State of Florida

Rental Assistance and Information Miami-Dade

I. Miami-Dade Police Department (MDPD)
   - Has **CEASE** all Eviction activities until further notice.
   - Note: Please stay in contact with landlords or rental property owners

II. Miami-Dade County Housing Authority
   - Housing office will be **CLOSED** until further notice
   - Staff is available via telephone or email
     - 786-469-4100 or phcdwebmaster@miamidade.gov
     - There may be a delay in response time due to high volume of calls
Health Resources

Mobile Health Services
Mobile Visits Provided by MERCY MOBILE CLINIC
North Miami Beach Medical Center
Free Primary Care Medical Clinic for Low Income Families, Adults And Children Age 3 Years and Older Without Health Insurance.

v. Services provided at no cost to our patients are:
   1. Primary Care Internal Medicine and Geriatrics
   2. Pediatrics including school physical exams
   3. Gynecology
   4. Preventative Medicine including nutrition and exercise teaching, and healthy lifestyle adaptations.

vi. A wide variety of immunizations are available for a small nominal fee

vii. Contact information
   1. North Miami Beach Medical Center
      Mercy Mobile
      P.O. Box 680158
      Miami, FL. 33168

   2. Mercy Mobile Clinic Station:
      2610 NW 119th St
      Miami, FL 33167
      Phone: (305) 681-1050
      Fax: (305) 341-3566

viii. Patient Appointment Hours:
   • Thursdays 10:00 am - 2:00 pm (except holidays)
   • Walk-ins accepted, time permitting
   • Weekly holistic health events scheduled at different locations
   • Call for appointments Monday - Friday 9:00am to 4:30pm.
Services For Homebound Seniors in Miami-Dade

City Launches In-Home COVID-19 Testing Service for Homebound Seniors

*Serves Miami Residents Ages 65 and Over with No Access to Transportation*

This week, the City of Miami, through its Department of Fire-Rescue community paramedicine program, is launching a COVID-19 home testing service for senior citizens who reside within the boundaries of the City of Miami and are unable to drive or otherwise arrange transportation.

Homebound local seniors ages 65 and above who are experiencing symptoms associated with COVID-19 or who believe they may have been exposed to the virus should call the City’s testing call center at **305-960-5050** to determine if they qualify for a no-out-of-pocket cost, in-home test.

*See below flyer that you can share with friends and neighbors to spread the word.* For updates on the City of Miami’s ongoing response to COVID-19 coronavirus, please visit [www.miamigov.com/coronavirus](http://www.miamigov.com/coronavirus).
City of Miami
COVID-19 Testing for Homebound Seniors

The City of Miami Department of Fire-Rescue is offering in-home COVID-19 testing for seniors, age 65 and over, who are experiencing COVID-19 symptoms and have no access to transportation.

Do you know someone who fits these criteria?
If so, please direct them to call the following number for assistance:

305-960-5050
Telehealth Services
MemorialDOCNow Virtual Visit

FREE virtual visit with a doctor online.

MemorialDOCNow lets you visit a doctor from the comfort of home for $0/visit through March 31, 2020 for Coronavirus (COVID-19) inquiries. Use coupon code: MEMORIALCARES.

Coronavirus symptoms include:
Fever | Cough | Shortness of breath
For life-threatening conditions, call 9-1-1 immediately.

MemorialDOCNow is:
• Easy – Online, anytime
• Fast – No appointment necessary
• Convenient – Anywhere you can use your electronic device

Download the app or visit MHS.net/MemorialDOCNow
**Closed Centers in Miami-Dade**

Miami-Dade Parks Department announces Arcola Lakes Senior Center will be closed and programs for seniors and Active Older Adults will be canceled until further notice, effective Monday, March 16.

MIAMI (March 13, 2020)

Miami-Dade County is under a state of emergency, as we deal with the public health threat of COVID-19. Effective Monday, March 16, 2020, Arcola Lakes Senior Center will be closed and programs for seniors and Active Older Adults at the facilities listed below will be canceled until further notice.

- Continental Park
- Country Village Park
- Deerwood Bonita Lakes Park
- Goulds Park
- North Point Park
- Oak Grove Park
- Gwen Cherry Park
- South Dade Park
- Tropical Park
- West Perrine Park
- Westwind Lakes Park

In addition, senior swimming programs at the following parks will be cancelled:

- A. D. "Doug" Barnes Park
- North Pointe Community Center
- Oak Grove Park
- West Perrine Park

The health and safety of our participants and staff is a top priority. These closures follow guidelines from the most recent recommendations from the Centers for Disease Control and Prevention (CDC) and the Florida Department of Health on health risks associated with Coronavirus (COVID-19).

For the most reliable information, please visit [www.miamidade.gov/coronavirus](http://www.miamidade.gov/coronavirus) or [www.cdc.gov/coronavirus].
Hotline/Call Centers

Cross County Hotline Numbers

Emergency Police, Fire or Medical Assistance - 911

Questions about COVID-19

Florida Department of Health COVID-19 Call Center – 1-866-779-6121

Concerns about Exposure

*Please call before going to any health care facility* 954-412-7300

Price Gouging Hotline for Supplies - 1-866-966-7226

First Call for Help Crisis Counseling Line – 211 or (954) 537-0211

Assistance Programs that will be beneficial at this time

4. Senior Touchline
   a. Gives Seniors over the age of 60 a daily phone call to check on them

5. Financial Assistance
   a. Helps you locate financial assistance for energy bill payment, medical expenses, public programs, mortgage consultation and more.

6. Disaster Preparedness

Broward County Hotline/ Helpline - 311 or 954-831-4000 or 954-563-4357

*Has English, Creole and Spanish speaking specialist*

American Red Cross - 954-797-3800

Can provide assistance with emergency shelter

Broward County Emergency Management - 954-831-3900

Special Medical Needs Shelter Registration and Transportation - (954)831-3902 / (954) 831-3940 (TTY)

Center for Independent Living of Broward County – (954) 722-6400

Federal Emergency Management Agency – 800-480-2520

Florida Division of Emergency Management (FEMA) - 800-354-3571

Homeless Services 954-563-HELP / 954-563-4357

National Organization on Disabilities - 202-293-5960

Salvation Army - 954-524-6991

Assistance Programs that will be beneficial at this time

6. Disaster Relief

7. Homeless Shelter
8. Food Pantries
9. Help For Domestic Abuse
10. Elder Helpline - 954-745-9779 - Area Agency on Aging of Broward County - 954-745-9779
Call Center for Miami-Dade

311 Contact Center

The 311 Contact Center provides a fast, simple and convenient way for you to get information on local government services.

Call Us

By dialing 311 or 305-468-5900, you can get one-on-one personal customer service in English, Spanish or Creole. You can call Monday through Friday from 7 a.m. - 7 p.m. and Saturday 8 a.m. - 5 p.m. Closed on Sunday & holidays. Individuals with a hearing or speech disability can contact us by calling Florida Relay at 711.

Report Problems Online

You can report neighborhood problems and code violations to the 311 Contact Center Online. Attach a photo of the problem, submit relevant details, and choose to either remain anonymous or provide your contact info for follow-up.

Tweet Miamidade311

Join the conversation on Twitter. Tweet your issue to our team of problem solvers. We know how to find the answers!

Download Mobile App

311 Direct is a mobile application, which enables the residents of Miami-Dade County to report neighborhood problems and code violations to the 311 Contact Center on the go! The app. is available for download for both Apple and Droid devices.

Email Us

We are available to answer your questions or take reports for you via email. Just provide us with the information and we will take it from there. We will give you the Service Request number or provide you the answers to your questions.

311 Service Centers

Our specialists are available for walk-in services at 311 Service Centers located in north, south and west Miami-Dade.

Request Public Records

Many public records are available for viewing and downloading on our miamidade.gov website or you can submit a request online.

311 Contact Center FAQs
Call Specialists can initiate service requests for different types of services provided by the County or the City of Miami.

The fastest way to report neighborhood problems and code violations is by using your smart phone and the 311 Direct mobile app.

Or, just send us a tweet!

**How else can 311 be reached by phone?**

The 311 Center can be reached by dialing 305-468-5900.

- Some cable companies such as U-verse and Comcast have not activated direct dialing to 311.
- Some mobile phone carriers do not recognize 311.

**What kind of information does 311 provide?**

Anything you want to know about local government services:

- Who is my Commissioner?
- Where is the closest bus stop near my house?
- What events are happening this weekend at County parks?
- Where can I get a Transit Easy Card?
- Where is the nearest Trash and Recycling Center and when is it open?
- When is the next election?
- How do I get Homestead Exemption?

**What type of services can the public get through 311?**

Examples of Service Requests include:

- Order a replacement-recycling cart.
- Ask for a pothole to be repaired.
- Report a neighborhood code violation like overgrown lots or junk and trash piles.
- Report an issue with a traffic sign or traffic signal.
Important Hotline Numbers Miami-Dade

CALL CITY OF MIAMI COVID-19 HOTLINE

305-960-5027

AVAILABLE TO RESIDENTS & EMPLOYEES FROM 7AM-7PM
MIAMI DADE COUNTY RESOURCE SOURCES

Feeding South Florida
https://feedingsouthflorida.org/covid19/

United Way Miami
https://unitedwaymiami.org/coronavirusresources

Link to Miami–Dade County Coronavirus Home page.
- Essential services provided by senior community centers will be delivered to seniors. Seniors who need meals delivered to their homes can contact the 311 call center.
http://www.miamidade.gov/global/initiatives/coronavirus/home.page

Link to Miami–Dade County Public Schools –
- Providing devices to all students for distance learning
- Offering grab and go breakfast meals for all students who need them.
http://covid19.dadeschools.net/#!/fullWidth/30244

Community Feedings and Food Distributions in Miami–Dade County:
- Share Your Heart. Share Your Heart (SYHVC) app also available to download.
- Farm Share
- Feeding South Florida

The Early Learning Coalition is assisting School Readiness and VPK providers financially:

State Attorney’s Office – Establishes price gauging hotline

The Children’s Trust
https://www.thechildrenstrust.org/content/how-deal-panic-pandemic

The Miami–Dade Community Based Care Alliance
Has links to partner web pages
www.mdcbcarealliance.org

Monroe County
Link to Monroe County Coronavirus Home Page:
https://www.monroecounty-fl.gov/1169/COVID-19-Coronavirus
See link to Monroe County Social Services. Registered senior congregate meal clients will receive home delivered meals.
https://www.monroecounty-fl.gov/socialservices
See link to Monroe County Public Schools. Computers are being provided to all students that need them for distance learning. Grab and Go breakfast and lunch meals are being provided to students.
https://www.keysschools.com/

Citrus Family Care Network
The lead agency for community based care services in Miami–Dade and Monroe has valuable information for parents and youth
https://www.citrusfcn.com/COVID19/

Xfinity
Offering free internet services for 60 days to new customers
https://internetessentials.com/

The Department of Health has a 24/7 hotline
Miami International Airport:

Other municipalities in Miami-Dade County:
City of Homestead Homepage: Starting March 24 will launch a special senior service of its free trolley to take seniors to Publix.
https://www.cityofhomestead.com/coronavirus

City of South Miami Homepage:
https://www.southmiamifl.gov/575/Coronavirus-2019

City of Miami:

City of Coral Gables:
https://www.coralgables.com/Emergency

City of Miami Beach:
YMCA Programs for Assistance

During this public health crisis, the YMCA of South Florida offers four key programs for assistance:

- **YMCA HOTLINE** – we have established a HOTLINE on our website where we can take calls for assistance. The HOTLINE in English is 754.312.4150.
  - Para ayuda en español 954.826.2444.
  - Pou ed nan Kreyol tanpri rele 954.826.8122.
  - See link here: [https://ymcasouthflorida.org/hotline/](https://ymcasouthflorida.org/hotline/)

- **YMCA Health Navigation Program** – connecting vulnerable populations and seniors to clinical (tele doctors, tele medicine, access to medication, mental health, etc.) and community resources. Assistance is provided remotely via FaceTime or virtually or over the phone in English, Spanish and Kreyol.
  - You can click on the link here for our YHN video: [YMCA Health Navigation Program](https://ymcasouthflorida.org/yhn).
  - Call HOTLINE at 754.312.4150 or Email YHN@ymcasouthflorida.org for more information.

- **YMCA PEARLS** – evidence based depression self-management program for seniors. This is provided remotely via FaceTime or virtually or over the phone in English, Spanish and Kreyol. Call HOTLINE at 754.312.4150 or Email YHN@ymcasouthflorida.org for more information.

- **YMCA Emergency Relief Fund Program** – for assistance with food and basic needs for vulnerable populations, families and seniors in Broward and Miami-Dade Counties. Call HOTLINE at 754.312.4150 or Email YHN@ymcasouthflorida.org for more information.

Thank you to our funders

The YMCA of South Florida would like to thank our funders for supporting our efforts to help the South Florida community during this public health crisis.