DISCOVER THE DOWNTOWN MIAMI YMCA

We believe wellness and fitness are a union of sound mind, sound body, and sound spirit. That’s why we built an all-inclusive gym for Downtown Miami. Complete with indoor basketball court and track circuit, our comprehensive renovation was designed with an entire community of active people in mind.

Schedule your Healthy Living Orientation.

DATE: ___________ TIME: ___________
TRAINER: ________________________

FIND A LOCATION NEAR YOU:
ymcasouthflorida.org/locations

YMCA LOCATION
YMCA PROGRAM CENTER
COMING SOON

DOWNTOWN MIAMI YMCA
305-779-9622
ymcasouthflorida.org/downtown
/DowntownMiamiY
@downtownmiamiyymca

BROWARD COUNTY
GREATER HOLLYWOOD YMCA
3161 TAFT STREET
HOLLYWOOD, FL 33021

HALLANDALE BEACH YMCA
501 SE 1 AVENUE
HALLANDALE BEACH, FL 33009

HOLIDAY PARK YMCA (COMING SOON)
840 NORTH FEDERAL HIGHWAY
FT. LAUDERDALE, FL 33304

L.A. LEE YMCA/MIZELL COMMUNITY CENTER (OPENING SOON)
1409 NW SISTRUNK BLVD.
FT. LAUDERDALE, FL 33311

PEMBROKE PINES AQUATICS CENTER
1361 NW 129 AVENUE
PEMBROKE PINES, FL 33028

PEMBROKE PINES YMCA
501 SW 172 AVENUE
PEMBROKE PINES, FL 33029

WESTON YMCA
20201 SADDLE CLUB ROAD
WESTON, FL 33327

MIAMI-DADE COUNTY
DOWNTOWN MIAMI YMCA
200 S. BISCAYNE BLVD., SUITE 15A
(TOP LEVEL OF THE GARAGE BUILDING)
MIAMI, FL 33131

SOUTH DADE YMCA
9355 SW 134 STREET
MIAMI, FL 33176

VILLAGE OF ALLAPATTAH YMCA
2370 NW 17 AVENUE
MIAMI, FL 33142

MONROE COUNTY
UPPER KEYS YMCA PROGRAM CENTER
KEY LARGO COMMUNITY PARK
500 ST. CROIX PLACE
KEY LARGO, FL 33037
PLATINUM MEMBERSHIP BENEFITS

- Small Group – High intensity group training program ($49 value per month)
- MyZone heart rate monitor ($159 value)
- Complimentary towel service ($20 value per month)
- Guest pass privileges (unlimited monthly)*
- 3 sessions with a certified personal trainer ($99 value)
- Group fitness classes – Yoga, Pilates, Cycling, Body Pump, Zumba, Stretch, H.I.I.T. classes and more – all included

*Same guest limitations apply

One time enrollment fee....$ 99
- Single membership..........$ 99 per month
- Couple membership..........$129 per month
- Family membership..........$159 per month

Ask about our Corporate Wellness rates
Convenient month-to-month memberships

FOR MORE INFORMATION
OR TO SCHEDULE A SESSION
305-779-9622