



SWIMMING A LIFETIME SKILL



Dear Parents,

Welcome to the YMCA of South Florida swim lesson program. The benefits of learning to swim go far beyond developing a skill. Our Swim Lesson program also serves as a starting point for developing and supporting a healthy and active lifestyle.



The purpose of YMCA swim lessons is to develop competency in swimming as well as confidence and endurance. Each class has five components: Personal Safety, Personal Growth, Stroke Development, Games, and Rescue. Each week also will incorporate character values such as caring, honesty, respect, and responsibility.



Because of the rapid increase of participants in our swim lesson program we have some new policies and helpful information, please take some time to read the following information. If you have any questions, please ask to speak with your Family Center Aquatic Director for assistance.

Sincerely,

The YMCA of South Florida Aquatic Team





YMCA SWIM LESSON POLICIES



Welcome to our YMCA Swim Lesson Program. We are happy to have you here. The benefits of learning to swim go far beyond the pool...

MEASURING SUCCESS

Progress will be communicated throughout the duration of the session.
All participants ages 3 - 12 will be re-evaluated at the beginning and end of each session.

LESSON DURATION

All Adult w/Child and Preschool Classes are 30 minutes in length, there will be an opportunity for parents or caregivers to ask questions or receive feedback from instructors after the 30-minute swim lesson.

All Youth & Teen/Adult classes are 45 minutes in length, there will be an opportunity for parents or caregivers to ask questions or receive feedback from instructors after the 45-minute swim lesson



CLASS GROUP AGES

Adult w/Child: 6 months – 3 years
Preschool: 3 years – 5 years
Youth: 6 years – 12 years
Teen & Adults: 13 years and above

CLASS SIZE

Group: 1 Instructor with a minimum of 3 students
Private: 1 Instructor and 1 student

CLASS SET UP

Groups are divided by age. Swim Starters is for our Adult w/Child classes, all others will be under 2 broad categories, Swim Basics or Swim Strokes. Swim Basics will be broken up into levels 1-3, and Swim Strokes will be broken up into levels 4-6. Preschool can take levels 1-4. School-Age can take levels 1-6. Teen & Adults can choose between Swim Basics (Beginner) and Swim Strokes (Advanced). Please see our program guide for specifics on the different levels that are available.

REGISTRATION

Registration for your next swim session will be available 2 weeks prior to the start of the next session. Please make sure to register in advance to secure your spot!





YMCA SWIM LESSON POLICIES



MAKE-UP POLICY

Cancellations are sometimes unavoidable and we understand this. All Classes canceled because of inclement weather will receive notification 30 minutes prior to class start time. Updates will be provided via the Rain Line: Make-up lessons may be provided when the YMCA cancels lessons for one of the following reasons:

- Severe Weather (Lighting/Thunder)
- Pool Mechanical Failure
- Pool Chemical Issue

Make-up classes will be communicated by the Aquatic Dpt. Make-up's will not be offered once a session has ended.

Week Day Classes - We guarantee 6 out of 8 in-water lessons. If less than 6 In-water classes are received, participants will be credited back for any additional class cancellations on our behalf.

Saturday Classes We guarantee 3 out of 4 in-water lessons. If less than 3 In-water classes are received, participants will be credited back for any additional class cancellations on our behalf.

RAIN LINE NUMBER:

For information regarding pool closure, class cancellation and make-up lessons Please call your program site at the number listed below.

Weston YMCA - 954-607-1150

Pembroke Pines Aquatic Center - 954-357-0250

Hollywood YMCA – 954-357-0251

Hallandale Beach YMCA – 954-607-1149

L.A LEE YMCA – 954 – 607 - 1155

We are unable to make-up classes as a result of you or your child attending other activities, being out of town, or any reason not listed above. In some cases, which will be up to the Aquatic Director's discretion, if your child is too ill to swim and medical documentation is provided a make-up class may be provided but it is **NOT GUARANTEED.**



REFUND POLICY

Full Refunds are only given out with written notification one week prior to a session starting. Refunds will not be given after a session has started. During an active swim session, any credit requests because of illness will be handled on a case-by-case scenario at the discretion of the Aquatic Director.



**FOR ANY ADDITIONAL QUESTIONS
OR CONCERNS CONTACT:
954-334-9622**

**FOR MORE INFORMATION VISIT US
ONLINE AT:
ymcasouthflorida.org/aquatics**